Midnight Blue



拍數: 48 牆數: 4 級數: Intermediate

編舞者: Ron Kline (USA)

音樂: Wherever You Are - Mark Chesnutt



See also Midnight Blue Couples Progressive Dance

TOUCH, SCUFF, SHUFFLE FORWARD

1-2 Touch right toe back and to the right, scuff right foot forward

3&4 Shuffle forward (right, left, right)

WALK, WALK, SHUFFLES FORWARD

5-6 Walk forward (left, right)7&8 Shuffle forward (left, right, left)

ROCK, HOLD, SHUFFLE BACK, ROCK, HOLD, SHUFFLE FORWARD

9-10 Rock forward on right foot, hold foot position and lean slightly forward

11&12 Shuffle backward (left, right, left)

13-14 Rock back on right foot, hold foot position and lean slightly back

15&16 Shuffle forward (left, right, left)

1/2 MILITARY TURN, ROCK STEP WITH 1/4 TURN

17-18 Step right foot forward, pivot ½ to the left

19-20 Rock forward on right foot, shift weight back onto left foot making a 1/4 turn to the right with

the step

SIDE SHUFFLE, SAILOR SHUFFLE

21&22 Step right foot to right side, step left foot next to right foot, step right foot to right side

23&24 Cross step left foot behind right foot, rock out to right side on right foot, step left foot in place

REVERSE WEAVE TO LEFT SIDE, 2 SAILOR SHUFFLES

25-28 Cross step right foot behind left foot, step left foot to left side, cross step right foot in front of

left foot, step left foot to left side

Cross step right foot behind left foot, rock out to left side on left foot, step right foot in place

Cross step left foot behind right foot, rock out to right side on right foot, step left foot in place

DIAGONAL ROCK STEP WITH FORWARD SHUFFLES

Rock forward and diagonal left on right foot, shift weight back onto left foot straightening

forward

35&36 Shuffle forward (right, left, right)

37-38 Rock forward and diagonal right on left foot, shift weight back onto right foot straightening

forward

39-40 Shuffle forward (left, right, left)

1/2 MILITARY TURN, SHUFFLE FORWARD, 1/2 ROLL FORWARD, SHUFFLE BACKWARD

41-42 Step right foot forward, pivot ½ to the left

43&44 Shuffle forward (right, left, right)

45-46 Step left foot forward prepping toe to the right, pivot ½ to the right on right foot stepping right

foot backward

47-48 Shuffle backward (left, right, left)

REPEAT

