

Midnight Blue

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Ron Kline (USA)
音樂: Wherever You Are - Mark Chesnutt



See also Midnight Blue Couples Progressive Dance

TOUCH, SCUFF, SHUFFLE FORWARD

1-2 Touch right toe back and to the right, scuff right foot forward
3&4 Shuffle forward (right, left, right)

WALK, WALK, SHUFFLES FORWARD

5-6 Walk forward (left, right)
7&8 Shuffle forward (left, right, left)

ROCK, HOLD, SHUFFLE BACK, ROCK, HOLD, SHUFFLE FORWARD

9-10 Rock forward on right foot, hold foot position and lean slightly forward
11&12 Shuffle backward (left, right, left)
13-14 Rock back on right foot, hold foot position and lean slightly back
15&16 Shuffle forward (left, right, left)

½ MILITARY TURN, ROCK STEP WITH ¼ TURN

17-18 Step right foot forward, pivot ½ to the left
19-20 Rock forward on right foot, shift weight back onto left foot making a ¼ turn to the right with the step

SIDE SHUFFLE, SAILOR SHUFFLE

21&22 Step right foot to right side, step left foot next to right foot, step right foot to right side
23&24 Cross step left foot behind right foot, rock out to right side on right foot, step left foot in place

REVERSE WEAVE TO LEFT SIDE, 2 SAILOR SHUFFLES

25-28 Cross step right foot behind left foot, step left foot to left side, cross step right foot in front of left foot, step left foot to left side
29&30 Cross step right foot behind left foot, rock out to left side on left foot, step right foot in place
31&32 Cross step left foot behind right foot, rock out to right side on right foot, step left foot in place

DIAGONAL ROCK STEP WITH FORWARD SHUFFLES

33-34 Rock forward and diagonal left on right foot, shift weight back onto left foot straightening forward
35&36 Shuffle forward (right, left, right)
37-38 Rock forward and diagonal right on left foot, shift weight back onto right foot straightening forward
39-40 Shuffle forward (left, right, left)

½ MILITARY TURN, SHUFFLE FORWARD, ½ ROLL FORWARD, SHUFFLE BACKWARD

41-42 Step right foot forward, pivot ½ to the left
43&44 Shuffle forward (right, left, right)
45-46 Step left foot forward prepping toe to the right, pivot ½ to the right on right foot stepping right foot backward
47-48 Shuffle backward (left, right, left)

REPEAT

