

Midas Touch

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Maria Louise (UK)
音樂: Slow Hand - The Pointer Sisters



SIDE, ROCK, RECOVER, CHASSE, HOLD, AND CROSS, CHASSE ¼ TURN

1-2-3 Step right to right side, rock forward on left, recover on right
4&5 Chasse left (left, right, left) dragging right foot towards left
6&7 Hold, step right next to left, cross left over right
8&1 Chasse right with a ¼ turn right (right, left, right) (3:00)

STEP, PIVOT, SHUFFLE, FULL TURN, BACK SHUFFLE WITH ROCKING ACTION

2-3 Step forward left, pivot ½ turn right (weight on right) (9:00)
4&5 Step forward left, lock right behind left, step forward left
6-7 Full turn left stepping right, left (easy option: walk right, left)
8&1 Triple ½ turn left traveling back right, left, right (3:00)

On count 1 rock back diagonally right to start an X

Alternative:

8&1 Make ¼ turn left step right to right side, make ¼ turn left step left next to right, sway/rock right diagonally back

RECOVER, MAKING ALPHABET X WITH HIPS ACTION

2&3 Recover on left, close right next to left, sway/rock left diagonally forward
4-5 Sway/recover on right, sway/rock to left diagonally back
6&7 Sway/recover on right, close left next to right, sway/rock to right diagonally forward
8 Sway/recover on left

As you sway/rock use your hips. Count 3 you are making the second X diagonal; count 5 you are making the next X diagonal; count 7 you are making the final X diagonal

ROCK, RECOVER, STEP, SPIRAL FULL TURN, WALK, WALK, STEP LOCK STEP

1-2 Rock back on right, recover on left
3-4 Step forward on right, make a full spiral turn to left (weight on right with left next to right ankle)

Easy option: step forward right, hitch left

5-6 Walk forward left, right
7&8 Step forward left, lock right behind left, step forward left

¼ TURN SIDE, HOLD, AND CROSS, CHASSE, HOLD, AND CROSS, CHASSE ¼ TURN

1-2 Make ¼ turn left step right to right side, hold (dragging left foot towards right) (12:00)
&3 Step left next to right, cross right over left
4&5 Chasse left (left, right, left)
6&7 Hold (dragging right foot towards left), step right together, cross left over right
8&1 Chasse right with a ¼ turn right (right, left, right) (3:00)

STEP, PIVOT, ¼ TURN SIDE, BEHIND, ¼ TURN FORWARD, STEP PIVOT

2-3 Step forward left, pivot ½ turn right (weight on right) (9:00)
4-5 Make a ¼ turn right step left to left side, cross right behind left (12:00)
6 Make ¼ turn left step forward left (9:00)
7-8 Step forward right, pivot ½ turn left (weight on left) (3:00)

REPEAT

