

Mid Life Crisis

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Ernie (Hutch) Hutchinson (USA)
音樂: I Wanna Be Like Jimmy Buffett - T. J. Walsh



FORWARD, BACK, BACK, CROSS, BACK - BACK, FORWARD, SHUFFLE ½ RIGHT

1-2-3&4 Step right forward, rock back on left, step right back, cross left over right, step right back
5-6-7&8 Step left back, rock forward on right, shuffle ½ right (left-right-left)

BACK, FORWARD, SHUFFLE ¼ LEFT - CROSS, REPLACE, SIDE SHUFFLE LEFT

1-2-3&4 Step right back, rock forward on left, shuffle ¼ left (right-left-right)
5-6-7&8 Cross step left over right, replace weight right, side shuffle (left-right-left)

CROSS, UNWIND ¾, SHUFFLE FORWARD - ½ PIVOT RIGHT, SHUFFLE ¼ RIGHT

1-2-3&4 Cross right over left, unwind ¾ left (weight left), shuffle forward (right-left-right)
5-6-7&8 Step left forward, pivot ½ right, shuffle ¼ right (left-right-left)

BACK, FORWARD, SHUFFLE FORWARD - PIVOT ½ RIGHT, SHUFFLE FORWARD

1-2-3&4 Step right back, rock forward on left, shuffle forward (right-left-right)
5-6-7&8 Step left forward, pivot ½ right, shuffle forward (left-right-left)

REPEAT
