

Mickey Loves Tammy

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: BM Leong (MY)
音樂: Lao Shu Ai Da Mi (Extended Mix) - Wang Zi Wen



ROCK, RECOVER, SIDE ROCK, SAILOR-CROSS TWICE

1& Rock right forward, recover onto left
2& Rock right to right side, recover onto left
3&4 Cross right behind left, step left to left side, cross right over left
5& Rock left forward, recover onto right
6& Rock left to left side, recover onto right
7&8 Cross left behind right, step right to right side, cross left over right

DIAGONAL FORWARD SHUFFLE TWICE, STEP, PIVOT ½ TURN LEFT, STEP, TRIPLE ½ TURN RIGHT

1&2 Right diagonal forward shuffle on right-left-right
3&4 Left diagonal forward shuffle on left-right-left
5&6 Rock right forward, recover onto left, ½ turn right stepping right forward
7&8 Triple ½ turn right on left-right-left

BACK, TOUCH, ¼ TURN LEFT SHUFFLE FORWARD, PADDLE ¼ TURN LEFT TWICE, FORWARD MAMBO TOUCH

1-2 Big step right back diagonally, touch left beside right
3&4 ¼ turn left shuffling forward on left-right-left
5& Step right forward, ¼ turn left shifting weight onto left
6& Step right forward, ¼ turn left shifting weight onto left
7&8 Forward mambo-touch on right-left-right

LUNGE FORWARD, RECOVER, COASTER STEPS, ROCK, RECOVER, TRIPLE ½ TURN LEFT

1-2 Lunge forward on right bending knees, recover onto left
3&4 Coaster steps on right-left-right
5-6 Rock left forward, recover onto right
7&8 Triple ½ turn left on left-right-left

REPEAT

TAG

At the end of walls 2,3,6,7,8

1-4 Sway hips right-left-right-left

RESTART

Restart during wall 4 after 1-16 counts (3:00)