

Miami & Me

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Gaye Teather (UK)
音樂: Miami and Me - Clay Walker



POINT, ½ TURN RIGHT, SIDE ROCK, CROSS, ¼ TURN LEFT, ¼ TURN LEFT CHASSE

1-2 Point right toe to right side, ½ turn right on ball of left stepping right beside left
3-4 Rock left to left, recover onto right
5-6 Cross left over right, ¼ turn left stepping back on right
7&8 ¼ turn left stepping left to left side, step right beside left, step left to left (12:00)

CROSS, UNWIND FULL TURN LEFT, BACK, HOOK, SHUFFLE FORWARD, FORWARD ROCK

1-2 Cross right over left, unwind full turn left (weight remains on right)

Easier option: cross right over left, point left to left side

3-4 Step back on left, hook right in front of left shin
5&6 Step forward on right, step left beside right, step forward on right
7-8 Rock forward on left, recover onto right (facing 12:00)

BACK ROCK, STEP, PIVOT ½ TURN RIGHT, STEP, PIVOT ¼ TURN RIGHT, CROSS ROCK

1-2 Rock back on left, recover onto right
3-4 Step forward on left, pivot ½ turn right
5-6 Step forward on left, pivot ¼ turn right (facing 9:00)
7-8 Cross rock left over right, recover onto right

CHASSE ¼ TURN LEFT, STEP, PIVOT THREE ¼ TURN LEFT, SIDE RIGHT, TOUCH, SIDE LEFT, TOUCH

1&2 Step left to left, step right beside left, ¼ turn left stepping forward on left
3-4 Step forward on right, pivot three ¼ turn left (weight on left) (facing 9:00)
5-6 Step right to right side angling body to left diagonal, touch left beside right
7-8 Step left to left side angling body to right diagonal, touch right beside left

REPEAT

TAG

At the end of walls 3 (facing 3:00) and 6 (facing 6:00), repeat steps 5-8 of last section (right side, touch, left side, touch)