

Mexico Shuffle (P)

拍數: 32 牆數: 0 級數: Partner
編舞者: Linda Sansoucy (CAN)
音樂: I've Been To Mexico - Blaine Larsen



Position: Side By Side LOD

RIGHT SIDE, TOGETHER, SHUFFLE BACK, LEFT SIDE, TOGETHER, SHUFFLE FORWARD

1-2 Step right to right side, step left beside right
3&4 Right shuffle back
5-6 Step left to left side, step right beside left
7&8 Left shuffle forward

MAN: STEP RIGHT, STEP LEFT, FORWARD SHUFFLE, STEP LEFT, STEP RIGHT, SHUFFLE FORWARD
/ LADY: ½ TURN LEFT, ½ TURN LEFT, SHUFFLE FORWARD, ½ TURN RIGHT, ½ TURN RIGHT, SHUFFLE FORWARD

MAN

Release left hands, take right hand over lady's head

1-2 Step right forward, step left forward
3&4 Right shuffle forward

LADY

1-2 Step right back turning ½ turn left, step left forward turning ½ turn left
3&4 Right shuffle forward

MAN

5-6 Step left forward, step right forward
7&8 Left shuffle forward

LADY

5-6 Step left back turning ½ turn right, step right forward turning ½ turn right
7&8 Left shuffle forward

Resumes side-by-side

WEAVE RIGHT ¼ TURN LEFT, SIDE ROCK STEP, CROSS SHUFFLE

Lady behind man in Indian position

1-2 Step right to right side ¼ turning left, step left behind right ilod
3-4 Step right to right side, cross/step left over right
5-6 Rock side on right, recover on left
7&8 Cross right over left, step left to side, cross right over left

SIDE, CROSS BEHIND, SIDE SHUFFLE ¼ TURN LEFT, STEP, PIVOT ¼ TURN, STEP, PIVOT ¼ TURN

1-2 Step left to left side, step right behind left

Release right hands, take left hand over head

3&4 Step left to left side, close right beside left, step left to side turning ¼ turn left rlod
5-6 Step right forward, pivot ¼ turn left olod
7-8 Step right forward, pivot ¼ turn left lod

Resumes side-by-side

REPEAT