Mexico Cha-Cha



拍數: 56 編數: 4 級數: Intermediate/Advanced cha cha

編舞者: Max Perry (USA) 音樂: Mexico - Jimmy Buffett



1-2-3 Step left to left side, rock right back, step in place with left foot

4&1 Right shuffle forward (right, left, right)

May also be danced as forward, cross behind, forward

2&3 Left shuffle forward (left, right, left)

May also be danced as forward, cross behind, forward

4&1 Right shuffle forward (right, left, right)

May also be danced as forward, cross behind, forward
2-3 Rock left forward, step in place with right foot

4&1 Left shuffle back (left, right, left)

May also be danced as back, cross in front, back

2&3 Right shuffle back (right, left, right)

May also be danced as back, cross in front, back

4&1 Left shuffle back (left, right, left)

May also be danced as back, cross in front, back

2-3 Rock right back, step in place with left foot

4&1 Right shuffle forward (right, left, right)

2-3-4 Rock left foot forward, step right back (large step), step left next to right (together)

KICK, POINT, FLICK

1& Kick right foot forward (loose kick with toe pointed), quickly step back with right foot
 2-3 Touch left toe in place while raising the left knee so that just the left toe is touching the floor and the left heel is raised, place weight onto left foot lowering the heel and at the same time brush the right toe back and off the floor bending the right knee (like a bull pawing the dirt)
 4&1 Right shuffle forward (right, left, right)
 2-3 Step forward with left foot and turn ½ right, step in place with right foot
 4& Step forward with left, step right next to left (together)

1&2 Stomp left foot forward, clap hands twice
3&4 Stomp right foot forward, clap hands twice
5&6 Stomp left foot forward, clap hands twice
7&8 Stomp right foot forward, clap hands twice

1-2-3 Step left to left side, rock right foot back, step in place with left foot

4&1 Right shuffle to right side (right, left, right)

Let right toe turn out to right side on the 3rd step of the shuffle

2-3 Cross left over right and turn a full turn right, step in place with right as you complete the turn

4&1 Left shuffle to left side (left, right, left)

Let left toe turn out to left side on the 3rd step of the shuffle

2-3 Cross right over left and turn a full turn left, step in place with left as you complete the turn

4& Step right to right side, step left next to right (only two cha's)

1-2 Touch right heel forward, touch right toe to right side

3-4 Cross right behind left & unwind (turn) ³/₄ right (end with weight on right foot)

REPEAT

This was one of those tunes I couldn't get out of my head until I choreographed something to this song! For a slow practice song on the same album try "Diamond As Big As The Ritz". You can also use any cha-cha rhythm. Try "I Like It Like That" by the Blackout All Stars or "Jazz Machine" by Black Machine from the movie soundtrack "Dance With Me" for a Latin feeling