

Mexico

拍數: 32 牆數: 4 級數: Improver social Cha
編舞者: Yvonne Krause (USA)
音樂: The Gulf of Mexico - Clint Black



SYNCOPATED RIGHT AND LEFT STEP CROSSES

1&2 Step forward right foot, step forward left foot, cross right over left
3&4 Step forward left foot, step forward right foot, cross left over right
5&6 Step forward right foot, step forward left foot, cross right over left
7&8 Step forward left foot, step forward right foot, cross left over right

PIVOT ½ TURN LEFT, SHUFFLE ½ TURN LEFT, WALK WALK BACK, COASTER STEP

1-2 Step forward right, pivot half turn left, bring weight down onto left foot
3&4 Shuffle step forward making ½ turn left, stepping right, left, right
5-6 Step back onto left foot, step back onto right foot
7&8 Step back left, step right beside left, step forward left

ROCK RECOVER, CROSS AND CROSS, REPEAT ON LEFT

1-2 Rock to right side, rock onto left in place
3&4 Cross right foot over left, right ball change, ball change
5-6 Rock to left side, rock onto right in place
7&8 Cross left foot over right, left ball change, ball change

ROCK RECOVER, SHUFFLE ½ TURN RIGHT, ROCK RECOVER, SHUFFLE ¼ TURN LEFT

1-2 Rock forward on right foot, rock back on left
3&4 Shuffle on right making ½ turn right, stepping right, left, right
5-6 Rock forward on left foot, rock back on right
7&8 Shuffle on left making ¼ turn right, stepping left, right left

REPEAT

TAG: □ At the end of the fourth wall (facing 12:00) there is a four count Tag.

1-4 Sway your hips right, left, right, left, then Start the dance from the top.

REVISED: □ March 17th 2017