

The Mexican

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Geri Morrison (UK)
音樂: The Mexican (English Version) - Thalía



SIDE, BACK, CROSS, CHASSE ¼ TURN, ¾ TURN RIGHT, SIDE BEHIND ¼ TURN LEFT

- 1-2 Step left to left side, step right back behind left heel
- 3 Cross step left over right
- 4& Step right to right, bring left beside right
- 5 Step right ¼ turn right
- 6-7 Step left forward, pivot ½ turn right (weight on right)
- 8& Turn ¼ right stepping left to left side, (12:00) step right behind left
- 1 Turn ¼ left stepping forward on left (9:00)

HIPS, FORWARD, BACK, FORWARD, BACK, FORWARD, ROCK RECOVER, TRIPLE FULL TURN

- 2-3 Step forward on right bumping hips forward, bump hips back
- 4&5 Bump hips forward, back, forward
- 6-7 Rock forward on left, recover weight back on right
- 8&1 (Triple full turn left) left, right, left, (easy option left coaster)

ROCK RECOVER, ¼ TURN LEFT, RIGHT COASTER, WALK LEFT RIGHT, LEFT MAMBO

- 2-3 Rock forward on right, recover weight on left
- 4& Step back on right, bring left next to right
- 5 Turn ¼ left stepping right forward (6:00)
- 6-7 Walk forward, left, right
- 8& Rock forward on left, recover weight on right
- 1 Bring left next to right

ROCK RECOVER, ½ TURN RIGHT SHUFFLE, SIDE ROCK, SAILOR STEP

- 2-3 Rock forward on right, recover weight on left, (pushing hip forward, back)
- 4&5 Make ½ turn right shuffling right, left, right, (12:00)
- 6-7 Turn ¼ turn right swaying hips left, sway hips right
- 8& Sweep left behind right, step right next to left
- 1 Step left to left side (3:00)

Last step is the first step to begin the dance again (completes a left sailor)

REPEAT

TAG

At the end of wall 3 there is a 4 count tag facing 9:00

- 1-4 Sway left, right, left, right