

# Mexican Changes

拍數: 32      牆數: 4      級數: Improver social cha  
編舞者: Michael Diven (USA)  
音樂: I've Been To Mexico - Blaine Larsen



## STEP, DRAG, SHUFFLE FORWARD, STEP, DRAG, SHUFFLE BACKWARDS

1-2      Step left foot to left side, drag right foot next to left instep (weight on the right foot)  
3&4      Left shuffle forward, stepping left, right, left  
5-6      Step right foot to right side, drag left foot next to right instep (weight on the left foot)  
7&8      Right shuffle backwards, stepping right, left, right

## STEP BACK WITH ½ TURN, TOE TOUCH, SIDE SHUFFLE, LEG SWEEP, ¾ TURN STEP, SAILOR STEP

1-2      Step back on left foot and pivot ½ turn to the left, touch right toe next to left foot (6:00)  
3&4      Right side shuffle to the right  
5-6      Sweep left foot around in front or right while pivot in ¾ turn to the right, step weight down on left foot (3:00)  
7&8      Right sailor step

## STEP, PIVOT, STEP, COASTER STEP, STEP, PIVOT, STEP, PIVOT, CROSSING SHUFFLE

1-2      Step forward on left foot, pivot ½ turn to the left stepping back on the right foot (9:00)  
3&4      Left coaster step in place  
5      Step forward on right foot while pivoting ¼ turn to the left (6:00)  
6      Pivot ½ turn left while stepping left foot to left side (12:00)  
7&8      Cross shuffle stepping right over left, left to left side, right over left (12:00)

## STEP, ¼ TURN, STEP, ½ TURN, SHUFFLE FORWARD, STEP, HIP SWAYS

1-2      Step left to left side while turning ¼ turn left (9:00), step right foot forward while turning ½ turn left (weight is on right foot) (3:00)  
3&4      Left shuffle forward  
5-6      Step forward on right foot moving hips to the right then back to the left  
7&8      Shake hips right, left, right (weight ends up back on the right foot)

**REPEAT**

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