

Mexicali Heartache

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Jan Wyllie (AUS)
音樂: My Baby No Esta Aqui No More - Ty England



- 1-2 Step forward on left, touch right beside left
3-4 Step forward on right, touch left beside right
5-6 Step forward on left, touch right beside left
7-8 Step forward on right, touch left beside right
- 9-10 Step left forward to left diagonal and sway hips slowly forward
11-12 Rock back on right and sway hips slowly back
13-14-15-16 Rock hips forward, back, forward, back
- 17-18-19-20 Rock/step left to left, rock weight to right, step left behind right, hold
21-22-23-24 Rock/step right to right, rock weight to left, step right behind left, hold
- 25-26-27-28 Rock/step left to left, step right to right, step left behind right, step right to right
29-30 Cross /rock left over right, rock back on right
31-32 Making ¼ turn left step forward on left, hold
- 33-34 Rock/step forward on right, rock back on left
35-36 Making ¼ turn right step right to right side, hold
37-38-39-40 Rock left to left, rock right to right, step left behind right, hold
- 41-42-43-44 Rock/step right to right, step left to left, step right behind left, step left to left
45-46 Rock/step forward on right, rock back on left
47-48 Making ½ right step forward on right, hold
- 49-50-51-52 Rock /step forward on left, rock back on right, step back on left, hold
53-54-55-56 Step back on right, rock forward on left, step forward on right, hold
57-58-59-60 Rock/step forward on left, rock back on right, step back on left, tap right beside left
61-62 Making ¼ turn right step right to right side, hold
63-64 Slide left to right, hold

REPEAT

On the 6th wall at count 32 there is a pause in the music for 4 beats. Just stand still and continue the dance when the music starts again.