

Mexicali Blues

拍數: 64 牆數: 0 級數:
編舞者: DJ Dan (NL) & Wynette Miller (NL)
音樂: My Baby No Esta Aqui - Garth Brooks



Position: Right side-by-side. Same footwork

HIP BUMPS; SHUFFLE FORWARD

1-2 Step right forward bump hips forward twice
3-4 Bump hips back twice
5-8 Step right forward, step left next to right, step right forward, hold

HIP BUMPS; SHUFFLE FORWARD

1-2 Step left forward bump hips forward twice
3-4 Bump hips back twice
5-8 Step left forward, step right next to left, step left forward, hold

MAMBO FORWARD; COASTER CROSS

1-4 Rock right forward, recover weight onto left, step right next to left, hold
5-8 Step left back, step right next to left, cross left over right, hold

SIDE MAMBO ¼ TURN RIGHT; SIDE MAMBO

1-4 Rock right to right side, recover weight on left ¼ turn right, step right next to left, hold
Now facing OLOD, Indian Position
5-8 Rock left to left side, recover weight onto right, step left next to right, hold

SIDE MAMBO ¼ TURN RIGHT; MAMBO FORWARD

1-4 Rock right to right side, recover weight on left ¼ turn right, step right next to left, hold
Now facing RLOD, Left Side-By-Side Position
5-8 Rock left forward, recover weight onto right, step left next to right, hold

LOCK STEP BACK, ½ TURNING SHUFFLE

1-4 Step right back, lock left over right, step right back, hold
5-8 Shuffle ½ turn left stepping left, right, left, hold
Now facing LOD, Right Side-By-Side Position

STEP, HOLD, ½ PIVOT, HOLD, TWICE

Let go left hands, raise right hands
1-4 Step right forward, hold, pivot ½ turn left, hold
5-8 Step right forward, hold, pivot ½ turn left, hold
Rejoin left hands, Right Side-By-Side Position

ROCKING CHAIR, STEP, SCUFF, STEP, SCUFF

1-4 Rock right forward, recover weight onto left, rock right back, recover weight onto left
5-8 Step right forward, scuff left forward, step left forward, scuff right forward

REPEAT