

Metamorphosize

COPPER KNOB
STEPPERS

拍數: 76 牆數: 2 級數: Intermediate/Advanced
編舞者: R.J. Walker (USA) & Coleta Walker (USA)
音樂: Bubba Hyde - Diamond Rio



RIGHT, LEFT, LOCK, TURN

1-2 Two steps forward right then left
3 Right cross behind left
4 Right ½ pivot turn

RIGHT, TURN, POINT, TOGETHER THEN (REPEAT)

Right point, while sliding right foot together, do a right ½ turn, left point, then left together
1-8 Two Monterey turns

LEFT, RIGHT, LEFT, SNAP, RIGHT, LEFT, RIGHT, CLAP

1-2-3-4 Left rolling (turns) grapevine, right touch together with a snap
5-6-7-8 Right rolling (turns) grapevine, step left back (slightly and with a clap)

TWO TO THE LEFT, TWO TO THE RIGHT, ROCK STEP

1-2-3-4 Two left bumps, two right bumps
5-6 Step back on the left; then rock forward on right

LEFT SHUFFLE, RIGHT SHUFFLE, STEP, TURN, LEFT SHUFFLE, RIGHT SHUFFLE

1&2 Left shuffle
3&4 Right shuffle
5-6 Step left forward, right ½ pivot turn
7&8 Left shuffle
9&10 Right shuffle

STEP, TURN, STEP, TURN, STOMP, STOMP, BUMP, BUMP

1-2 Step left forward, right ½ pivot turn
3-4 Step left forward, right ½ pivot turn
5-6-7-8 Left stomp together, right stomp together, left bump, right bump

LEFT, TOGETHER, HOP, HOP, STEP, BEHIND, STEP

1-2 Left slide step, right touch together
3 Hop and raising right foot; while doing a right ¼ turn
4 Lower right foot together
5 Raise left foot with a hop
6-7-8 Left grapevine

KICK BALL CHANGE, CAMEL WALK, STEP, TURN, STEP, TWO TO THE RIGHT

1&2 Right kick ball change
3-4 Step right forward, slide left behind right
5-6 Right step forward doing a right ½ (right shoulder back) turn and step back on the left
7-8 Step back on right into two right bumps

TWO TO THE LEFT, ROCK STEP, CAMEL WALK, STEP, TOGETHER

1-2 Two left bumps
3-4 Rock step backward with the right, then rock forward on left
5-6 Step right forward, slide left behind right
7-8 Step right forward, left together

FRONT, SIDE, HOOK, TURN, BACK, TOGETHER, FORWARD, TOUCH

1-2-3 Right toe forward, right toe touch right side, right toe hook behind left ankle

4 Left $\frac{1}{4}$ turn

5-6 Right step back; left touch together

7-8 Left step forward; right touch together

REPEAT
