

Mestizzo

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Improver
編舞者: Vivienne Scott (CAN)
音樂: Bésame Magdalena - Mestizzo



SHUFFLE FORWARD, ROCK FORWARD, ½ TURN SHUFFLE, HEEL SWITCHES

1&2 Step right forward, close left beside right, step right forward
3-4 Rock forward on left, recover on right
5&6 Step left back making ½ turn left, close right beside left, step left forward
7&8& Touch right heel forward, step back on right, touch left heel forward, step back on left

SHUFFLE FORWARD, ROCK FORWARD, ½ TURN SHUFFLE, HEEL SWITCHES WITH ¼ TURN

1&2 Step right forward, close left beside right, step right forward
3-4 Rock forward on left, recover on right
5&6 Step left back making ½ turn left, close right beside left, step left forward
7&8& Touch right heel forward, step back on right, touch left heel forward, step back on left making ¼ turn right

HEEL SWITCHES, SHUFFLE FORWARD, PADDLE/PUSH TURN TWICE, SHUFFLE FORWARD

1&2& Touch right heel forward, step back on right, touch left heel forward, step back on left
3&4 Step right forward, close left beside right, step right forward
5&6& Place ball of left foot forward pushing off into ¼ turn right, repeat (weight on right)
7&8 Step left forward, close right beside left, step left forward

PADDLE/PUSH TURN TWICE, STEP KICKS BACK, ROCK BACK

1&2& Place ball of right foot forward pushing off into a ¼ turn left, repeat (weight on left)
3-4 Step back right, kick left to left diagonal
5-6 Step back left, kick right to right diagonal
7-8 Rock back on right, recover on left

SHUFFLE FORWARD, FULL ROLLING TURN FORWARD (OR WALKS FORWARD LEFT, RIGHT), SHUFFLE FORWARD, TURNING HIP ROLL

1&2 Step right forward, close left beside right, step right forward
3-4 Step left forward making ½ turn right, step right back making ½ turn right
5&6 Step left forward, close right beside left, step left forward
7-8 Step right forward rolling hips in 1/8 turn left

TURNING HIP ROLL, WEAVE, CROSS SHUFFLE

1-2 Step right forward rolling hips in 1/8 turn left
3-4 Cross right over left, step left to left side
5-6 Step right behind left, step left to left side
7&8 Cross shuffle right over left right, left, right

SIDE ROCK, CROSS SHUFFLE, WEAVE WITH TURN

1-2 Rock left to left side, recover on right
3&4 Cross shuffle left over right, left, right, left
5-6 Step right to right side, step left behind right
7-8 Step right to right side making ¼ turn right, step left forward

STEP TOUCHES WITH CLAPS & TURN

1-2 Step forward right, touch left beside right with clap
3-4 Step back left, step right beside left with clap

5-6

Step right to right side, touch left beside right with clap

7-8

Step left back making $\frac{1}{4}$ turn right, touch right beside left with clap

REPEAT
