

Messin' With My Mind

COPPER **KNOB**
STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Lance Marr (NZ)
音樂: Messin' With My Mind - Randy Travis



RIGHT HEEL AND TOE POINTS, LEFT TOE AND HEEL POINTS

1-2 Right heel point forward, right touch beside left
3-4 Right point right, right close next to left
5-6 Left point left, left touch beside right
7-8 Left heel point forward, left touch beside right

STEPS, AND HOLD, TOE POINTS AND HEEL DROPS

1-2 Left step left, right step next to left
3-4 Step left forward, hold
5-6 Right point right, right heel drop
7-8 Left point left, left heel drop

TOE POINTS AND HEEL DROPS, STEPS AND HOLD

1-2 Right point back, right heel drop
3-4 Left point back, left heel drop
5-6 Right step right, left step next to right
7-8 Step right forward, hold

GRAPEVINE LEFT ¼ TURN RIGHT STEP BACK, CROSS STEP AND POINTS

1-2 Left step left, right cross behind
3-4 Left step left, right cross in front
5-6 Left step back ¼ turn right, step right back
7-8 Left cross in front, right point right

STEPS, LOCK STEPS AND POINTS

1-2 Step right forward, left lock behind
3-4 Step right forward, left point left
5-6 Step left forward, right lock behind
7-8 Step left forward, right step right

CROSS STEP, STEP BACK, ¼ TURN LEFT, STEP AND HIP BUMPS

1-2 Left cross in front, right step back turning ¼ left
3-4 Left step left turning ¼ left, right step right
5-6 Left hip bump, right hip bump
7-8 Right hip bump, left hip bump

REPEAT

FINISH

The end of the dance occurs when you face the front wall for the second time on the 31 count with the right cross. Finish with hands facing forward and slightly apart from the body.