Messin' Around



拍數: 68 牆數: 4 級數: Improver

編舞者: Margaret Murphy (AUS) 音樂: Old Time Fiddle - Vince Gill



TOE STRUTS, RIGHT OUT TO RIGHT, LEFT OUT TO LEFT, RIGHT IN, LEFT IN (12:00)

Touch right to slightly forward, drop heel, touch left toe to slightly forward, drop heel 5-6-7-8

Touch right to slightly forward, drop heel, touch left toe back to center drop heel

BOOT LIFTS RIGHT & LEFT

9-12 Touch right heel at 45, brush up to left knee, replace at 45, step right foot back next to left Touch left heel at 45, brush up to right knee, replace at 45, step left foot back next to right

STEP LOCK RIGHT, SCUFF, STEP LOCK LEFT, SCUFF

Step right forward, slide left to lock behind right, step forward on right, scuff left Step left forward slide right to lock behind left, step forward on left, scuff right

SCOOTS BACKWARDS, AND HITCHES

&25-26	Scoot back slightly on left as you hitch right knee, step back on right
&27-28	Scoot back slightly on right as you hitch left knee, step back on left
&29-30	Scoot back slightly on left as you hitch right knee, step back on right
&32-32	Scoot back slightly on right as you hitch left knee, step back on left

SLOW COASTER BACK WITH RIGHT

33-36 Step right back, step left back next to right, step right forward and hold for 1 beat

3/4 TURN LEFT ON THE SPOT, LEFT-RIGHT-LEFT HOLD (3:00)

37-40 Turning ¾ turn to the left stepping left, right, left, hold on the spot

SIDE ROCKS, CROSS AND HOLDS

41-44 Rock right out to right, replace weight onto left, cross step right over left and hold

45-48 Repeat last 4 steps on left

WEAVE RIGHT, ROCK CROSS AND HOLD, WEAVE LEFT, CROSS ROCK AND HOLD

49-56 Step right to side, step left behind right, right to side, left in front, rock onto right. Replace left,

cross & hold

57-64 Repeat last 8 steps to the left

HIP BUMPS

65-68 Small step to right, bumping hips right, left, right, left

REPEAT