

# Messin' Around

**COPPER KNOB**  
BY STEPHEN HETS

拍數: 48      牆數: 2      級數: Improver  
編舞者: Ethelene Tollison (USA) & Jack Tollison (USA)  
音樂: A Rockin' Good Way (To Mess Around and Fall In Love) - Shakin' Stevens & Bonnie Tyler



---

## RIGHT SHUFFLE, ROCK, LEFT SHUFFLE, ROCK

1&2      Step right to right side, close left beside right, step right to right side  
3-4      Rock back on left, rock forward onto right  
5&6      Step left to left side, close right beside left, step left to left side  
7-8      Rock back on right, rock forward onto left

## HIP BUMPS

1-2      Step forward on right, bump right hip forward twice  
3-4      Step forward on left, bump left hip forward twice  
5-6      Step forward on right, bump right hip forward twice  
7-8      Step forward on left, bump left hip forward twice

## JUMPS

1&2      Jump right onto right, bring left beside right, clap  
3&4      Jump forward center on left, bring right beside left, clap  
5&6      Jump back to left side on left, bring right beside left, clap  
7&8      Jump back to right center on right, bring left beside right, clap

## HIP BUMPS, HIP ROLL

1-2      Bump right hip to right twice  
3-4      Bump left hip to left twice  
5-8      Roll hips right, left, right left

## STEP TOUCHES, TURNING ¼ TO RIGHT TWICE

1-4      Step to right with right foot, touch left to right instep; step ¼ turn right on left foot side, touch right foot to left instep  
5-8      Step ¼ turn to right with right foot, touch left to right instep; step left foot to left side, touch right foot to left instep

## STEP, HIP BUMPS, STEP, CLAP

1-4      Step right foot to right while bumping hip to right twice, bring left foot to side of right foot, clap  
5-8      Step left foot to left while bumping hip to left twice, bring right foot to side of left foot, clap

## REPEAT

---