

Messin' Around

拍數: 48 牆數: 4 級數: Improver
編舞者: Maureen Jones (UK) & Michelle Jones (UK)
音樂: Mess Me Around - JW Houston



CLAPS, WALK FORWARD

1-2 Step left to left, touch right beside left and clap at left shoulder height
3-4 Step right to right, touch left beside right and clap at right shoulder height
5-8 Walk forward on left, right, left, right (knees slightly bent)

CLAPS, WALK BACKWARDS

9-10 Step left to left, touch right beside left and clap at left shoulder height
11-12 Step right to right, touch left beside right and clap at right shoulder height
13-16 Walk backwards on left, right, left, right (knees slightly bent)

¼ TURN, STEPS, ½ PIVOT AND FLICK, ¼ TURN, STEPS, ½ PIVOT AND FLICK

17-18 Making ¼ turn right step left forward, step right beside left heel
19-20 Step left forward, pivot ½ turn left on ball of left foot and flick right foot back
21-22 Step right forward, step left forward
23-24 Step right forward, pivot ½ turn right on ball of right foot and flick left foot back

STRUTS, LOCK STEPS, SCUFF AND ½ TURN

25-26 Step left toe forward, drop left heel down
27-28 Step right toe forward, drop right heel down
29-30 Step left forward, lock right behind left
31-32 Step left forward, scuff right forward and pivot ½ turn left on ball of left foot

WALK, CLAP, WALK, CLAP, JAZZ BOX

33-34 Walk forward on right, hold and clap
35-36 Walk forward on left, hold and clap
37-38 Step right across left, step back on left
39-40 Step right to right, step left beside right

HEEL-TOE STRUTS, STEP BACK-TOGETHER, STEP FORWARD-TOUCH

41-42 Step right heel forward, drop right toes down
43-44 Step left heel forward, drop left toes down
45-46 Step right back, step left beside right
47-48 Step right forward, touch left beside right

REPEAT

TAG

Insert immediately after 3rd wall

SIDE-STEPS, CLAP, SIDE-STEPS, SCUFF AND ½ TURN

1-2 Step left to left, step right beside left
3-4 Step left to left, touch right beside left and clap
5-6 Step right to right, step left beside right
7-8 Step right to right, scuff left forward while making ½ turn right

SIDE-STEPS, CLAP, SIDE-STEPS, SCUFF AND ½ TURN

9-16 Repeat counts 1-8 above

