

Mess Of Blues

COPPERKNOB
STEPPERS

拍數: 0 牆數: 4 級數: Improver
編舞者: Judean Owen (USA)
音樂: A Mess of Blues - Elvis Presley



Sequence: AA, BA, BA, Ending

PART A

RIGHT TOE TOUCHES, HOLD, SHUFFLE IN PLACE

1-2 Touch right toe forward, hold
3-4 Touch right toe back, hold
5-6 Touch right toe forward, hold
7&8 Shuffle in place right, left, right

LEFT TOE TOUCHES, HOLD, SHUFFLE IN PLACE

1-2 Touch left toe forward, hold
3-4 Touch left toe back, hold
5-6 Touch left toe forward, hold
7&8 Shuffle in place left, right, left

¼ TURN LEFT, ¼ TURN LEFT, ROCK RECOVER, ½ SHUFFLE RIGHT

1-2 Step right foot forward, turn ¼ turn left
3-4 Repeat 1-2
5-6 Rock right foot forward, recover on left
7&8 ½ shuffle turn right, right, left, right

¼ TURN RIGHT, ¼ TURN RIGHT, ROCK RECOVER, ½ TURN SHUFFLE LEFT

1-2 Step left foot forward, turn ¼ turn right
3-4 Repeat 1-2
5-6 Rock forward on left, recover on right
7&8 ½ shuffle turn left, left, right, left

STEP ½ TURN, SHUFFLE FORWARD

1-2 Step right foot forward ½ turn left
3&4 Shuffle forward right, left, right
5-6 Step left foot forward, ½ turn right
7&8 Shuffle forward left, right, left

STEP, ¼ TURN LEFT, WEAVE LEFT, STEP RIGHT, AND TOGETHER

1-2 Step right foot forward, turn ¼ turn left
3-4 Step right foot behind left, step left foot to left
5-6 Cross right foot over left, step left to left
7-8 Step right foot to right, bring left next to right (weight on left)

PART B

STEP RIGHT TO RIGHT DIPPING RIGHT SHOULDER, HOLD, STEP TOGETHER, CLAP

1-4 Step right to right (dipping right shoulder), hold, step left (taking weight) next to right, clap
5-8 Step right to right (dipping right shoulder), hold, touch left next to right (weight on right), clap

STEP LEFT TO LEFT DIPPING LEFT SHOULDER, HOLD, STEP TOGETHER, CLAP

1-4 Step left to left (dipping left shoulder), hold, step right (taking weight) next to left, clap
5-8 Step left to left (dipping left shoulder), hold, touch right next to left, clap

ROCK FORWARD, RECOVER, COASTER WITH ¼ TURN LEFT

- 1-2 Rock forward on right foot, recover left
- 3&4 Reverse coaster right, left, right
- 5-6 Rock forward on left foot, recover on right
- 7&8 Reverse coaster left, right (turning ¼ left) left

SIDE ROCKS, SAILOR STEPS

- 1-2 Rock right on right foot, recover on left
- 3&4 Right sailor right, left, right
- 5-6 Rock left on left foot, recover on right
- 7&8 Left sailor left, right, left

REPEAT

ENDING

End with part of A (from back wall turn ¼ turn right twice, now facing front wall, rock forward on right, bring left next to right and pose)
