

# Merri Go Round (P)

COPPERKNOB  
STEPSHEETS

拍數: 32      牆數: 0      級數: Partner  
編舞者: Jan Smith (UK)  
音樂: Heartbreak Express - Dolly Parton



Position: Sweetheart Position facing LOD. Steps the same for lady and man unless specified  
Choreographed for Dave Doyles' weekend at the Narracott, Woolacombe, Devon  
Any hops in this dance should be low with foot hardly leaving the floor  
LEFT SHUFFLE, HOP, RIGHT SHUFFLE, HOP

1&2      Left shuffle forward. Left, right, left, hop  
3&4      Right shuffle forward, right, left, right, hop

**MAN: STEP HOP, STEP HOP, STEP HOP, TURN ¼ CROSS RIGHT / LADY: STEP HOP, STEP HOP, STEP HOP TURNING ¾ LEFT, CROSS RIGHT**

5&6&      **MAN:** Step left forward, hop, step right forward, hop  
            **LADY:** Turning ¾ left stepping left, hop, right, hop  
7&8      **MAN:** Step left forward, hop, left, hop, stepping forward right foot turn ¼ right  
            Lady cross right foot over left, end right crossed over left, body turned to OLOD. Couple in Indian Position

**STEP ROCK, STEP ROCK**

Left hands rejoin, arms outstretched sideways, both facing wall

9-10      Step left foot to left, bending knee as you step and rock onto it, straightening knee  
11-12      Replace weight to right rocking sideways, bending knee as you rock onto it, straightening knee

Man raises left arms lady turns across the front of man, lowering arm and rejoin in crossed hand position left on top as turn is complete. Lady finishes turn on inside LOD facing man

**STEP HOP, STEP HOP, STEP HOP, STEP HOP, TURNING ½ TO THE LEFT / TURNING FULL TURN TO THE RIGHT, STEP HOP X 4**

13&14&      **MAN:** Step left foot, hop, step right foot, hop  
            **LADY:** Turning full turn to the right stepping left, hop  
15&16&      **MAN:** Step left foot, hop, step right foot, hop while turning ½ to the left  
            **LADY:** Right, hop, left, hop, right, hop

Moving from outside LOD to inside LOD

**ROCK BACK AND STEP HOP, STEP HOP, TURNING ½ RIGHT / STEP HOP, ROCK BACK AND STEP HOP, STEP HOP, STEP HOP, TURNING ½ LEFT**

17&18&      **MAN:** Rock back on left foot recover weight onto right, step forward onto left, hop  
            **LADY:** Rock back on left foot recover weight onto right, step forward onto left, hop  
19&20&      **MAN:** Turn ½ right (to the right) as you step right, hop, step left, hop  
            **LADY:** Turn ½ left (to the left) as you step right, hop, step left, hop

Keep both hands joined raising them to allow lady to turn underneath. Each has now swapped sides

**ROCK BACK AND STEP HOP, STEP HOP, STEP HOP, TURNING ½ LEFT / ROCK BACK AND STEP HOP, STEP HOP, STEP HOP, TURNING ½ RIGHT**

21&22&      **MAN:** Rock back on right foot recover weight onto left, step forward onto right, hop  
            **LADY:** Rock back on right foot recover weight onto left, step forward onto right, hop  
23&24&      **MAN:** Turn ½ left (to the left) as you step left, hop, step right, hop  
            **LADY:** Turn ½ left (to the left) as you step left, hop, step right, hop

Keep both hands joined raising them to allow lady to turn underneath). Each has now swapped sides. Hands now stay joined until the end of the weave, left hand should be on top of right

**SIX STEP WEAVE, CIRCLING ½ TURN TO THE LEFT**

25& Six step weave crossing left foot over right, step right to right

26& Left foot behind right, step right to right

27& Left foot over right, step right to right, traveling in a circle around partner ½ turn to the left

**Keep arms outstretched**

**MAN: ROCK LEFT BEHIND RIGHT, CROSS ROCK FORWARD ON RIGHT / LADY: ROCK LEFT BEHIND RIGHT, CROSS ROCK FORWARD ON RIGHT TURNING ½ RIGHT**

28& **MAN:** Rock left foot behind right, rock right foot over left over left

**LADY:** Rock left foot behind right, rock right foot, and spin ½ right on ball of right foot

**At point of turn right hands should be dropped. Both now facing outside LOD**

**STEP ROCK, STEP ROCK**

**Right hands rejoin, arms outstretched sideways, both facing wall**

29-30 Step left foot to left and rock onto it

**Same styling as steps 9-12**

31-32 Step right foot to right and rock onto it turning back into LOD

**Arms come back into sweetheart**

**REPEAT**

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