

Merri Go Round (P)

拍數: 32 牆數: 0 級數: Partner
編舞者: Jan Smith (UK)
音樂: Heartbreak Express - Dolly Parton



Position: Sweetheart Position facing LOD. Steps the same for lady and man unless specified
Choreographed for Dave Doyles' weekend at the Narracott, Woolacombe, Devon
Any hops in this dance should be low with foot hardly leaving the floor
LEFT SHUFFLE, HOP, RIGHT SHUFFLE, HOP

1&2 Left shuffle forward. Left, right, left, hop
3&4 Right shuffle forward, right, left, right, hop

MAN: STEP HOP, STEP HOP, STEP HOP, TURN ¼ CROSS RIGHT / LADY: STEP HOP, STEP HOP, STEP HOP TURNING ¾ LEFT, CROSS RIGHT

5&6& **MAN:** Step left forward, hop, step right forward, hop
 LADY: Turning ¾ left stepping left, hop, right, hop
7&8 **MAN:** Step left forward, hop, left, hop, stepping forward right foot turn ¼ right
 Lady cross right foot over left, end right crossed over left, body turned to OLOD. Couple in Indian Position

STEP ROCK, STEP ROCK

Left hands rejoin, arms outstretched sideways, both facing wall

9-10 Step left foot to left, bending knee as you step and rock onto it, straightening knee
11-12 Replace weight to right rocking sideways, bending knee as you rock onto it, straightening knee

Man raises left arms lady turns across the front of man, lowering arm and rejoin in crossed hand position left on top as turn is complete. Lady finishes turn on inside LOD facing man

STEP HOP, STEP HOP, STEP HOP, STEP HOP, TURNING ½ TO THE LEFT / TURNING FULL TURN TO THE RIGHT, STEP HOP X 4

13&14& **MAN:** Step left foot, hop, step right foot, hop
 LADY: Turning full turn to the right stepping left, hop
15&16& **MAN:** Step left foot, hop, step right foot, hop while turning ½ to the left
 LADY: Right, hop, left, hop, right, hop

Moving from outside LOD to inside LOD

ROCK BACK AND STEP HOP, STEP HOP, TURNING ½ RIGHT / STEP HOP, ROCK BACK AND STEP HOP, STEP HOP, STEP HOP, TURNING ½ LEFT

17&18& **MAN:** Rock back on left foot recover weight onto right, step forward onto left, hop
 LADY: Rock back on left foot recover weight onto right, step forward onto left, hop
19&20& **MAN:** Turn ½ right (to the right) as you step right, hop, step left, hop
 LADY: Turn ½ left (to the left) as you step right, hop, step left, hop

Keep both hands joined raising them to allow lady to turn underneath. Each has now swapped sides

ROCK BACK AND STEP HOP, STEP HOP, STEP HOP, TURNING ½ LEFT / ROCK BACK AND STEP HOP, STEP HOP, STEP HOP, TURNING ½ RIGHT

21&22& **MAN:** Rock back on right foot recover weight onto left, step forward onto right, hop
 LADY: Rock back on right foot recover weight onto left, step forward onto right, hop
23&24& **MAN:** Turn ½ left (to the left) as you step left, hop, step right, hop
 LADY: Turn ½ left (to the left) as you step left, hop, step right, hop

Keep both hands joined raising them to allow lady to turn underneath). Each has now swapped sides. Hands now stay joined until the end of the weave, left hand should be on top of right

SIX STEP WEAVE, CIRCLING ½ TURN TO THE LEFT

25& Six step weave crossing left foot over right, step right to right

26& Left foot behind right, step right to right

27& Left foot over right, step right to right, traveling in a circle around partner ½ turn to the left

Keep arms outstretched

MAN: ROCK LEFT BEHIND RIGHT, CROSS ROCK FORWARD ON RIGHT / LADY: ROCK LEFT BEHIND RIGHT, CROSS ROCK FORWARD ON RIGHT TURNING ½ RIGHT

28& **MAN:** Rock left foot behind right, rock right foot over left over left

LADY: Rock left foot behind right, rock right foot, and spin ½ right on ball of right foot

At point of turn right hands should be dropped. Both now facing outside LOD

STEP ROCK, STEP ROCK

Right hands rejoin, arms outstretched sideways, both facing wall

29-30 Step left foot to left and rock onto it

Same styling as steps 9-12

31-32 Step right foot to right and rock onto it turning back into LOD

Arms come back into sweetheart

REPEAT
