

Mermaid

拍數: 32 牆數: 2 級數: Improver
編舞者: Linda Yanders (USA)
音樂: Mermaid in the Night - Jimmy Buffett



RONDE' RIGHT, CHA, CHA, CHA

- 1-2 Ronde' with the right foot (make a circular movement with a straight knee from 12:00 to 3:00 keeping the toe in contact with the floor executing a smooth movement)
3&4 Cha, cha, cha in place (right-left-right)

RONDE' LEFT, CHA, CHA, CHA

- 5-6 Ronde' with the left foot (make a circular movement with a straight knee from 12:00 to 9:00 keeping the toe in contact with the floor executing a smooth movement)
7&8 Cha, cha, cha in place (left-right-left)

¼ TURN RIGHT, STEP SLIDE, CHA, CHA, CHA

- 1-2 Turn ¼ to the right and execute a step slide (slow and slinky)
3&4 Remaining ¼ to right cha, cha, cha step right-left-right (slightly traveling toward 3:00)

½ TURN LEFT, STEP SLIDE, CHA, CHA, CHA

- 1-2 Turn ½ to the left and execute a step slide (slow and slinky facing 9:00)
3&4 Remaining ½ to left cha, cha, cha, step left-right-left (slightly traveling toward 9:00)

STEP SLIDE FORWARD, 1/ 2 TURNING RIGHT CHA, CHA, CHA

- 1-2 Step forward (12:00) with a long stride forward with the right foot, drag the left foot to meet the right
3&4 Begin the turning cha-cha to the right stepping ¼ right on the right foot, step quickly on the left ¼ right, completing the turn with a step on the right facing a new direction (6:00)

STEP SLIDE FORWARD, ½ TURNING LEFT CHA, CHA, CHA

- 1-2 Step forward (6:00) with a long stride forward with the left foot, drag the right foot to meet the left
3&4 Begin the turning cha-cha, to the left stepping ¼ left on the left foot step quickly on the right ¼ left, completing the turn with a step on the left facing a new direction (12:00)

DIAGONAL BROADWAY KICKS

- 1-2 Kick the right foot diagonally right, step right foot slightly back of left
3-4 Kick the left foot diagonally left, step left foot slightly back of right

MONTEREY TURN (½ TURN)

- 5 Touch right toe out to right side
6 On ball of left, turning ½ turn right (9:00), slide step right beside left
7 Touch left toe out to left side
8 Touch left beside right

REPEAT