

Mercury Twist

COPPER KNOB
BY STEPHEN METZ

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Kirsi Teräs
音樂: Mercury Blues - Blue Ribbons



RIGHT MOVING SWIVELS, APPLE JACKS

- 1-2 Swivel toes apart, swivel left toe to right and swivel right heel to right
3-4 Swivel left heel to right and swivel right toe to right, swivel left toe to right and swivel right heel to right
5-6 Swivel left heel to right and swivel right toe to right, replace
7-8 Swivel left toe to left and swivel right heel to left, replace

LEFT MOVING SWIVELS, RIGHT MONTEREY

- 9-10 Swivel left toe to left and swivel right heel to left, swivel left heel to left and swivel right toe to left
11-12 Swivel left toe to left and swivel right heel to left, swivel left heel to left and swivel right toe to left
13-14 Touch right to right, turn $\frac{1}{2}$ to right on ball of left and step right together
15-16 Touch left to left, step left together

RIGHT BOX, LEFT SWIVELS

- 17-20 Step right across left, step left back, step right to side, step left together
21-24 Swivel heels to left, replace, swivel heels to left, replace

LEFT TURNING BOX, RIGHT SWIVELS

- 25-28 Step left across right, step right back, turn $\frac{1}{4}$ to left and step left to side, step right together
29-32 Swivel heels to right, replace, swivel heels to right, replace

RIGHT MOVING TWISTS, RIGHT HOOK COMBO

- 33-36 Swivel heels to left, swivel toes to left, swivel heels to left, swivel toes to left
37-40 Touch right heel forward, hook right across left, touch right heel forward, step right together

LEFT MOVING TWISTS, LEFT TURNING SHUFFLE, LEFT $\frac{3}{4}$ PIVOT

- 41-44 Swivel heels to left, swivel toes to left, swivel heels to left, swivel toes to left
45&46 Turn to left and step left forward, step right together, step left forward
47-48 Step right forward, turn $\frac{3}{4}$ pivot to left

REPEAT
