

Menagerie

COPPER KNOB
STEPPSHEETS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Jamie Marshall (USA)
音樂: No Boundaries - Jamiroquai



STOMP, SHUFFLE, STOMP, SHUFFLE, ½ PIVOT

- 1 Stomp right foot forward
- 2&3 Step left foot forward, step right foot next to left foot, step left foot forward
- 4 Stomp right foot forward
- 5&6 Step left foot forward, step right foot next to left foot, step left foot forward
- 7-8 Step right foot forward, pivot ½ turn left

BUMP, TOUCH STEPS

- 9-10 Touch right toe forward bumping hip to right, step down on right heel
- 11-12 Touch left toe forward bumping hip to left, step down on left heel
- 13-14 Touch right toe forward bumping hip to right, step down on right heel
- 15-16 Touch left toe forward bumping hip to left, step down on left heel

STEP RIGHT, HOLD, PIVOT ¼ LEFT, HOLD, ROLL UP, ¼ PADDLE TURN

- 17-18 Step right foot to right (use shift of shoulder or elbow for styling), hold
- 19-20 Pivot ¼ to left keeping weight on right, hold
- 21-22 Two-count body roll forward to place weight on left
- &23 Hitch right knee, pivot 1/8 left pointing right toe to right
- &24 Hitch right knee, pivot 1/8 left pointing right toe to right (total ¼ turn left)

SAILOR STEPS, ROGER RABBIT

- 25&26 Cross right behind left, step left foot to left, step right foot to right
- 27&28 Cross left behind right, step right foot to right, step left foot to left
- 29-30 Lock right foot behind as you hitch your left knee, lock left foot behind as you hitch your right knee
- 31-32 Lock right foot behind as you hitch your left knee, cross left foot behind right (to prepare for turns)

360 TURNS, VAUDEVILLES (HEEL JACKS)

- 33-34 Leaving left crossed behind right turn a full turn to the left (snap fingers forward as you complete the turn)
- 35-36 Leaving right crossed behind left turn a full turn to the right (snap fingers forward as you complete the turn.)

Weight ends on right

- &37 Step left diagonally back, touch right heel to right side
- &38 Step right to center, cross step left over right
- &39 Step right diagonally back, touch left heel to left side
- &40 Step left to center, touch right next to left

POINT, HOLD, SWEEP, SLIDE TO RIGHT, STOMP, STOMP WITH CLAPS

- 41-42 With sharp kick with pointed toe cross right over left, hold
- 43-44 Pivot ½ right sweeping right, touch right foot next to left completing ½ turn
- 45-46-47 Long step to right
- &48 Clap and stomp left foot next to right foot twice, step left foot next to right foot with a clap

REPEAT

