

# Men In Black

拍數: 0                      牆數: 0                      級數:  
編舞者: Steven Bray  
音樂: Men In Black - Will Smith



Sequence: AB, AA, BB, C, BB

## PART A

### FULL TURN MONTEREY, ¾ TURN MONTEREY, ½ TURN MONTEREY

- 1-2                      Point right toe to right side, make full turn right on ball of left
- 3-4                      Point left toe to left side, make ¾ turn left on ball of right
- 5-6                      Point right toe to right side, make ½ turn right
- 7-8                      Point left to left side, step left beside right

### SWITCHES, CLAP, CLAP, SWITCHES, CLAP, CLAP

- 9                        Point right to right side
- &10                    Close right beside left, point left to left side
- &11                    Close left beside right, point right to right side
- &12                    Clap, clap
- &13                    Close right beside left, point left to left side
- &14                    Close left beside right, point right to right side
- &15                    Close right beside left, point left to left side
- &16                    Clap, clap

### TOE JACK, HEEL TAPS, STEP ½ TURN, ½ MONTEREY, STOMP

- 17&18                Cross left over right, step right to right side, touch left to left side
- 19-20                Tap left heel twice
- 21-22                Step forward on left, make ½ turn right
- 23-24                Make ½ turn left, stomp left

### SIDE SHUFFLE, SIDE SHUFFLE, SHUFFLE, SHUFFLE

- 25&26                Step right to right side, step left beside right, step right to right side
- 27&28                Step left to left side, step right beside left, step left to left side
- 29&30                Step right forward, step left beside right, step right forward
- 31&32                Step left back, step right beside left, step left back

### TOE STRUT, TOE STRUT, SLIDE, SLIDE

- 33-34                Touch right to right side, drop right heel
- 35-36                Touch left over right, drop left heel
- 37-38                Step right to right side, slide left beside right
- 39-40                Step right to right side, slide left beside right

### SNAKE ROLL, STEP, STEP TWICE, TAP, TAP, TAP, TAP, TAP, TAP

- 41&42                Snake roll left (using head to lead), step right together, step left to left side
- 43&44                Snake roll left (using head to lead), step right together, step left to left side
- 45&46                Tap right toe out three times to right side (optional - pop right knee out, in, out as you tap toe)
- 47&48                Tap right toe in three times beside left (optional - pop right knee in, out, in as you tap toe)

## PART B

### BOUNCE, BOUNCE, BOUNCE, BOUNCE

- 1-2                      Bounce both heels twice making ¼ turn right bouncing shoulders up, down as you bounce heels

- 3-4 Bounce both heels twice making  $\frac{1}{4}$  turn right bouncing shoulders up, down as you bounce heels
- 5-6 Bounce both heels twice making  $\frac{1}{4}$  turn right bouncing shoulders up, down as you bounce heels
- 7-8 Bounce both heels twice making  $\frac{1}{4}$  turn right bouncing shoulders up, down as you bounce heels

### **SLIDE, SLIDE, SLIDE, SLIDE**

- 9-10 Step right to right side, slide left beside right shaking fists antagonistically up, down, up
- 11-12 Step right to right side, slide left beside right shaking fists antagonistically down, up, down
- 13-14 Step right to right side, slide left beside right shaking fists antagonistically up, down, up
- 15-16 Step right to right side, slide left beside right shaking fists antagonistically down, up, down

### **AND CROSS STEP, AND CROSS STEP, AND CROSS STEP, AND CROSS STEP**

- &17 Step on right, cross left over right
- 18 Step right to right side
- &19 Step on left, cross right over left
- 20 Step left to left side
- &21 Step on right, cross left over right
- 22 Step right to right side
- &23 Step on left, cross right over left
- 24 Step left to left side

### **HEAD PUSHES, AND STEP, HOLD, BOUNCE WITH CLAP, CLAP**

- 25-28 Make  $\frac{1}{4}$  turn right, push head forward twice
- &29 Step on left, step right beside left
- 30 Hold
- 31-32 Bounce heels making  $\frac{1}{2}$  turn left clapping hands twice

### **PART C**

#### **FULL TURN MONTEREY, $\frac{3}{4}$ TURN MONTEREY, $\frac{1}{2}$ TURN MONTEREY**

- 1-2 Point right toe to right side, make full turn right on ball of left
- 3-4 Point left toe to left side, make  $\frac{3}{4}$  turn left on ball of right
- 5-6 Point right toe to right side, make  $\frac{1}{2}$  turn right
- 7-8 Point left to left side, step left beside right

#### **SWITCHES, CLAP, CLAP, SWITCHES, CLAP, CLAP**

- 9 Point right to right side
- &10 Close right beside left, point left to left side
- &11 Close left beside right, point right to right side
- &12 Clap, clap
- &13 Close right beside left, point left to left side
- &14 Close left beside right, point right to right side
- &15 Close right beside left, point left to left side
- &16 Clap, clap

#### **TOE STRUT, TOE STRUT, SLIDE, SLIDE**

- 17-18 Touch right to right side, drop right heel
- 19-20 Touch left over right, drop left heel
- 21-22 Step right to right side, slide left beside right
- 23-24 Step right to right side, slide left beside right

#### **SNAKE ROLL, STEP, STEP TWICE, TAP, TAP, TAP, TAP, TAP, TAP**

- 25&26 Snake roll left (using head to lead), step right together, step left to left side

27&28 Snake roll left (using head to lead), step right together, step left to left side  
29&30 Tap right toe out three times to right side (optional - pop right knee out, in, out as you tap toe)  
31&32 Tap right toe in three times beside left (optional - pop right knee in, out, in as you tap toe)

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