

Men At Work

拍數: 32 牆數: 4 級數: Improver
編舞者: Gaye Teather (UK)
音樂: Working for the Man - Lee Kernaghan



KICK RIGHT, STEP SIDE, KICK LEFT, STEP SIDE, SWIVEL RIGHT HEEL, TOE, SWIVEL LEFT HEEL, TOE

- 1-2 Kick right foot across left, step right to right side
- 3-4 Kick left foot across right, step left to left side (feet now shoulder width apart)
- 5-6 Swivel right heel in, swivel right toe in
- 7-8 Swivel left heel in, swivel left toe in (feet now together)

QUARTER MONTEREY TURN TWICE

- 1-2 Touch right toe to right side, on ball of left pivot quarter turn right stepping right beside left (facing 3:00)
- 3-4 Touch left toe to left side, step left beside right
- 5-6 Touch right toe to right side, on ball of left pivot quarter turn right stepping right beside left (facing 6:00)
- 7-8 Touch left toe to left side, touch left beside right

Restart dance at this point during walls 3 and 6 (facing 12:00 each time) stepping left beside right to restart

LUNGE LEFT, RECOVER, LUNGE RIGHT, RECOVER

- 1-2 Step left to left side (big step) leaning whole body left (lunge) with both arms out to right side (put your own attitude in!)
- 3-4 Recover onto right straightening body up, step left beside right
- 5-6 Step right to right side (big step) leaning whole body right (lunge) with both arms out to left side (more attitude!)
- 7-8 Recover onto left straightening body up, step right beside left

VINE QUARTER TURN LEFT, BRUSH, JAZZ BOX

- 1-2 Step left to left, cross right behind left
- 3-4 Turn quarter left stepping forward on left, brush right forward (facing 3:00)
- 5-8 Cross right over left, step back on left, step right to right, step left beside right

REPEAT

TAG

At the end of walls 1, 4 and 8 (facing 3:00, 3:00 and 6:00 respectively) as follows

- 1-2 Kick right across left, step right beside left
- 3-4 Kick left across right, step left beside right

ENDING

The dance ends with the 2 quarter Monterey turns, make the second of these a half Monterey turn to finish facing the front wall