

Memphis Women (P)

拍數: 48 牆數: 0 級數: Partner
編舞者: Nigel Payne (UK) & Barbara Payne (UK)
音樂: Memphis Woman & Chicken - Dave Sheriff



Position: Side By Side holding inside hands. (LOD) Opposite footwork. Man's steps listed, unless stated

WALK, WALK, SHUFFLE TWICE

1-2 Walk forward right, left
3&4 Step forward right, step left beside right, step forward right
5-6 Walk forward left, right
7&8 Step forward left, step right beside left, step forward left

ROCK-RECOVER, SHUFFLE ½ TURN, ROCK-RECOVER, SHUFFLE ½ TURN

9-10 Rock forward right, recover on left
Hands: release hands as you turn, pick up opposite hands after turn
11&12 Shuffle ½ turn right stepping right, left, right
13-14 Rock forward left, recover on right
Hands: release hands as you turn, pick up opposite hands after turn
15&16 Shuffle ½ turn left stepping left, right, left

GRAPEVINE, HEEL TAPS TWICE

17-20 Step right to right side, cross left behind right, step right to right side, tap left heel to left diagonal
21-24 Step left to left side, cross right behind left, step left to left side, tap right heel to right diagonal
Note: lady vines left & right across man
Hands: as you vine release hands & pick up opposite hands

GRAPEVINE ¼ TURN, SCUFF, GRAPEVINE, TOUCH

25-28 Step right to right side, cross left behind right, step right ¼ right, scuff left
Note: now in closed western position facing each other, man facing OLOD, lady facing ILOD
29-32 Step left to left side, cross right behind left, step left to left side, touch right beside left

HIP BUMPS X 4

33&34 **MAN:** Step forward right bumping hips right, left, right (weight on right)
 LADY: Step back on left bumping hips left, right, left (weight on left)
35&36 **MAN:** Step forward on left bumping hips left, right, left (weight on left)
 LADY: Step back on right bumping hips right, left, right (weight on right)
37&38 **MAN:** Step back on right bumping hips right, left, right (weight on right)
 LADY: Step forward on left bumping hips left, right, left (weight on left)
39&40 **MAN:** Step back on left bumping hips left, right, left (weight on left)
 LADY: Step forward right bumping hips right, left, right (weight on right)

GRAPEVINE, TOUCH, 1&¼ ROLLING GRAPEVINE, SCUFF

41-44 Step right to right side, cross left behind right, step right to right side, touch left beside right
Hands: release hands to allow rolling vine
45-48 Step left ¼ left, on ball of left pivot ½ left stepping back on right, on ball of right pivot ½ left stepping forward on left, scuff right
Hands: rejoin inside hands

REPEAT

