Memphis Stroll

拍數: 72

級數: Intermediate

編舞者: Mark A. Smith (AUS)

音樂: Queen of Memphis - Confederate Railroad

RIGHT TOE TOUCHES, RIGHT HEEL TOUCHES, TOE/HEEL STRUT, REPEAT LEFT, RIGHT 45, LEFT 45

- 1-2 Touch right toe to left instep twice
- 3-4 Touch right heel to left instep twice
- 5 Step right toe across in front of left foot
- 6 Drop right heel to floor
- 7-8 Touch left toe to right instep twice
- Touch left heel to right instep twice 9-10
- Step left toe across in front of right foot 11
- Drop left heel to floor 12
- 13-14 Right 45 heel tap & replace
- 15-16 Left 45 heel tap & replace with weight ending on right foot

FORWARD STEP, TOUCH, BACKWARD STEP, TOUCH, BACKWARD VINE, STOMP

- 17 Step forward at 45 degrees left onto left foot
- 18 Touch right toe in behind left foot with clap
- 19 Step backwards at 45 degrees onto right foot
- 20 Touch left toe across in front of right with clap

The following vine is performed as you travel backwards at 45 degrees left

- 21 Step backwards onto left foot
- 22 Step right foot across behind left
- 23 Step backwards onto left foot
- 24 Stomp right foot in beside left

FORWARD STEP, TOUCH, BACKWARDS STEP, TOUCH, FORWARD VINE, STOMP

- 25 Step forward at 45 degrees right onto right foot
- 26 Touch left toe in behind right foot with clap
- 27 Step backwards at 45 degrees onto left foot
- 28 Touch right toe across in front of left with clap

The following vine is performed as you travel forward at 45 degrees right

- 29 Step forward onto right foot
- 30 Step left foot across behind right
- 31 Step forward onto right foot
- 32 Stomp left foot in beside right ending with weight on left foot

RIGHT ROLLING VINE, SLAP, TOUCH, SLAP, ½ TURN, SLAP, TOUCH, SLAP The following vine is performed as a full turn traveling along the floor to your right

- 33 Step right onto right foot to commence full turn
- 34 Step onto left foot to continue full turn
- 35 Step onto right foot to complete full turn
- 36 Raise left knee across front of right leg & slap with right hand
- 37 Touch left toe out to left side
- 38 Raise left knee across front of right leg & slap with right hand
- 39 Turn 1/2 turn left as you step backwards onto left foot
- 40 Raise right knee across front of left leg & slap with left hand
- 41 Touch right toe out to right side
- 42 Raise right knee across front of left leg & slap with left hand





牆數:2

STEP, BEHIND, STEP, FORWARD, STEP, SCUFF, SLAP

- 43 Step right onto right foot
- 44 Step left foot across behind right
- 45 Step right onto right foot
- 46 Step forward onto left foot
- 47 Scuff right foot forward through
- 48 Raise right knee and slap with right hand

STEP, STEP, KICK, TAP, TAP

- 49 Step forward onto right foot
- 50 Step forward onto left foot
- 51 Kick right foot forward
- 52 Jump slightly landing on right foot
- 53&54 Tap left toe in behind right twice

STEP, ½ TURN, STEP, ½ TURN, REPEAT

- 55 Step left onto left foot
- 56 Pivot ¹/₂ turn right on ball of left foot snapping fingers
- 57 Step right onto right foot
- 58 Pivot ¹/₂ turn right on ball of left foot snapping fingers
- 59-62 Repeat steps 55 to 58 inclusive

LEFT STEP, RIGHT SCUFF, RIGHT STEP, LEFT SCUFF, LEFT STEP, RIGHT SCUFF

- 63 Step forward at 45 degrees left onto left foot
- 64 Scuff right foot forward through
- 65 Step forward at 45 degrees right onto right foot
- 66 Scuff left foot forward through
- 67 Step forward at 45 degrees left onto left foot
- 68 Scuff right foot forward through

JUMP APART, CLAP, JUMP TOGETHER, CLAP

- &69 Jump feet apart landing right foot then left
- 70 Clap hands
- &71 Jump feet together landing right foot then left
- 72 Clap hands

REPEAT