

Memphis Blue-Step

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Sally Cudmore (UK)
音樂: Moody Blue - Elvis Presley



STEP TOUCH, STEP HEEL, HEEL JACK, RIGHT SHUFFLE

1-2 Step right to right side, touch left toe to right foot
3-4 Step left to left side, touch right heel next to left toe
5&6 Step right back and touch left heel forward. Step forward left, touch right beside left
7&8 Step right foot forward, step left next to right, step right foot forward

LEFT KICKS, ¼ TURN LEFT, ROCK RIGHT, LEFT COASTER STEP, KICK & TOUCH

9-10 Kick left foot forward, kick left foot to left side
11-12 Place left foot down to left side rocking onto it, rock weight back onto right foot, turning ¼ turn left
13&14 Step back left, step right in place, step forward left
15-16 Kick right foot forward and touch right toe in front of left foot

SLOW HEEL JACKS, HEEL SWIVELS

&17-18 Push off ball of right foot, jump back onto left foot, touch right heel in front, hold
19-20 Touch right toe in front of left foot, hold
&21-22 Push off ball of right foot, jump back onto left foot, touch right heel in front, hold
23 Touch right toe in front of left foot
&24 Swivel heels to right and back to center

RIGHT SHUFFLE, SWEEP LEFT, ½ TURN RIGHT, ROCK STEPS, KICK BALL CHANGE

25&26 Step right foot forward, step left next to right, step right foot forward
27-28 Sweep left foot round turning on ball of right foot ½ turn right, place left foot beside right, weight on left
29&30 Step back onto right foot with a rock, rock back onto left
31&32 Kick right foot forward, touch ball of right foot beside left, step left next to right

REPEAT

TAG

After doing the dance 4 times (back to first wall) there is a four beat tag:

1-2 Jazz box - step right foot crossing in front of left, step back left
3-4 Step right foot to right side, step left foot next to right