

Memory Waltz

拍數: 48 牆數: 2 級數: Intermediate waltz
編舞者: Rosalie Mackay (AUS)
音樂: He Broke Your Memory Last Night - Reba McEntire



ROLL FORWARD, STEP FORWARD, HALF-TURN, STEP FORWARD, HALF-TURN

1-2-3 Traveling forward step left, turning full turn left & continuing to move forward step right, left
4-5-6 Step right forward, turn ½ turn right & step left, step right together
7-8-9 Step left forward, turn ½ turn left & step right, step left together

CROSS/2/3, CROSS, HALF-TURN

1-2-3 Step right across in front of left, step left to side, step right in place
4-5-6 Step left across in front of right, step right to side & turn ½ turn left, step left to side

LUNGE/2/3, CROSS, ¾ TURN UNWIND

1-2-3 Step right across in front of left, step left in place, step right to side
4-5-6 Step left across in front of right, turn ¼ turn left & step right back, turn ½ turn left & step left forward

PIVOT, HOOK, ROLL ¾ TURN FORWARD

1-2-3 Step right forward, pivot ½ turn left (weight on right), hook left foot across right shin
4-5-6 Step left forward, step right forward & turn ¾ turn left, step left to side

CROSS & CROSS, TURN, ROCK, ROCK, BEHIND/SIDE/CROSS, ¼ TURN

1&2-3 Cross right over left, step left to side, cross right over left, turn ¼ turn right & step left back
4-5-6 Turn ½ turn right & step right forward, turn ¼ turn right & rock/step left to side, step right in place
7&8-9 Step left behind right, step right to side, step left across in front of right, pivot ¼ turn right on balls of both feet (knees slightly bent, finish with weight on left)

SIDE, BEHIND & CROSS, SIDE, BACK, ROCK, SIDE, BACK, ROCK

1-2&3 Step right to side, step left behind right, step right to side, step left across in front of right
4-5-6 Step right to side, rock/step left behind right, step right in place
7-8-9 Step left to side, rock/step right behind left, step left in place

QUARTER-TURN, PIVOT HALF-TURN (OR SLOW TURN ON RIGHT)

1-2-3 Turn ¼ turn right & step right, step left forward, pivot ½ turn right (weight on right)

Or
Turn ¼ turn right & step right, turn a further ½ turn on right (2 beats - sweep left foot around ending with knee bent & toe pointing to floor)

REPEAT