Memory Waltz

拍數: 48

級數: Intermediate waltz

編舞者: Rosalie Mackay (AUS)

音樂: He Broke Your Memory Last Night - Reba McEntire

ROLL FORWARD, STEP FORWARD, HALF-TURN, STEP FORWARD, HALF-TURN

- 1-2-3 Traveling forward step left, turning full turn left & continuing to move forward step right, left
- 4-5-6 Step right forward, turn 1/2 turn right & step left, step right together
- 7-8-9 Step left forward, turn 1/2 turn left & step right, step left together

CROSS/2/3, CROSS, HALF-TURN

- 1-2-3 Step right across in front of left, step left to side, step right in place
- 4-5-6 Step left across in front of right, step right to side & turn ½ turn left, step left to side

LUNGE/2/3, CROSS, 3/4 TURN UNWIND

- 1-2-3 Step right across in front of left, step left in place, step right to side
- 4-5-6 Step left across in front of right, turn ¼ turn left & step right back, turn ½ turn left & step left forward

PIVOT, HOOK, ROLL 3/4 TURN FORWARD

- 1-2-3 Step right forward, pivot 1/2 turn left (weight on right), hook left foot across right shin
- 4-5-6 Step left forward, step right forward & turn ³/₄ turn left, step left to side

CROSS & CROSS, TURN, ROCK, ROCK, BEHIND/SIDE/CROSS, ¼ TURN

- 1&2-3 Cross right over left, step left to side, cross right over left, turn 1/4 turn right & step left back
- 4-5-6 Turn ½ turn right & step right forward, turn ¼ turn right & rock/step left to side, step right in place
- 7&8-9Step left behind right, step right to side, step left across in front of right, pivot ¼ turn right on
balls of both feet (knees slightly bent, finish with weight on left)

SIDE, BEHIND & CROSS, SIDE, BACK, ROCK, SIDE, BACK, ROCK

- 1-2&3 Step right to side, step left behind right, step right to side, step left across in front of right
- 4-5-6 Step right to side, rock/step left behind right, step right in place
- 7-8-9 Step left to side, rock/step right behind left, step left in place

QUARTER-TURN, PIVOT HALF-TURN (OR SLOW TURN ON RIGHT)

- 1-2-3 Turn $\frac{1}{4}$ turn right & step right, step left forward, pivot $\frac{1}{2}$ turn right (weight on right) **Or**
 - Turn $\frac{1}{4}$ turn right & step right, turn a further $\frac{1}{2}$ turn on right (2 beats sweep left foot around ending with knee bent & toe pointing to floor)

REPEAT





牆數: 2