Mei Lan, Mei Lan

拍數: 32

級數: Improver

編舞者: Chen Kuo-Wei (SG)

音樂: Mei Lan, Mei Lan Wo Ai Ni - Liu Wen Chen

Dedicated to the LineDancers from the Tanglin Goldhill Club

HEEL BOUNCE, TOE STRUTS, WITH ARM MOVEMENTS (START WITH WEIGHT ON RIGHT)

- 1-2 Touch left toe toward left diagonal, bounce left heel twice(left arm outstretched forward to left diagonal, hand open and wave in tandem as you rock your butt to the right)
- 3-4 Touch left toe toward left diagonal, bounce left heel twice(repeat left arm & butt movement)
- 5-6 Touch left toe toward left diagonal, step on left (fold and roll your arms toward left diagonal)
- 7-8 Touch right toe toward right diagonal, step on right (repeat arm rolling facing right diagonal, with lots of attitude, like the "go-go" girls of the sixties?)

LEFT HALF TURN, SHUFFLE, TOE STEPS, WITH ARM MOVEMENTS

- 1-2 Rock left foot forward replace on right and ½ turn left
- 3&4 Shuffle forward, left foot leading
- 5-6 Touch right toe toward right diagonal, step on right (roll your arms towards right diagonal)
- 7-8 Touch left toe toward left diagonal, step on left (roll your arms toward left diagonal)

SIDE ROCK, CROSS SHUFFLE, STEP CLAPS

- 1-2 Rock right to right, replace on left
- 3&4 Cross right foot over left and shuffle
- 5-6 Step left foot to left, slide right next to left & clap
- 7-8 Step left foot to left, slide right next to left & clap

RIGHT VINE, RIGHT ¼ TURN, SCUFF, COASTER STEPS

- 1-2 Step right foot to right, cross left behind right
- 3-4 Step right foot to right, right ¼ turn, scuff left foot forward
- 5&6 Step forward on left foot, replace on right, step back on left
- 7&8 Step back on right foot, replace on left, step back on right

REPEAT

TAG

After the "music" chorus just add 8 counts by repeating the first 4 counts on left diagonal (with left arm outstretched) then another "mirror" image of 4 counts on right diagonal (with right arm outstretched)





牆數:4