

Megan's Sass

COPPER KNOB
STEPSHEETS

拍數: 24 牆數: 4 級數: Improver
編舞者: Nancy Morgan (USA)
音樂: Chrome - Trace Adkins



STEP, LOCK, STEP, SKATE - LEFT, RIGHT, SHUFFLE FORWARD, STEP BACK TWICE AND ¼ TURN LEFT

1&2 Step right foot forward, step left behind right, step right foot forward
3-4 Skate (slide feet along floor) to the left and then the right
5&6& Shuffle forward - left, right, left, hold
7&8 Step back on right, back on left, turn ¼ turn to your left as you step forward on right

MAMBO ½ TURN PIVOT, KICK-BALL-CHANGE, WALK, WALK, CROSS BEHIND, ¾ UNWIND, CLAP

1&2 Step forward on left, turn ½ turn to your right shifting weight to your right, put left next to right
3&4 Kick-ball-change - kick right foot forward, put right next to left lifting left off ground, set left down next to right
5&6& (Quickly) walk forward - right, left, then put right foot behind left and start to
7-8 Unwind ¾ turn to your right, clap (weight ends on left or even)

HEEL AND HEEL AND STEP BACK WITH HEEL FORWARD AND BRUSH WITH ¼ TURN RIGHT, BOUNCE TWICE, AND HEEL AND TOUCH

1&2 Put right heel forward, put right next to left as you put left heel forward
&3 Step back on your left foot as you put your right heel forward
&4 Step on your right foot as you brush you left foot ¼ turn to your right
5-6 Set left foot down as you bounce two (2) times on your left hip
&7 Step back on your right foot as you put your left heel forward
&8& Step left foot back in place as you tap your right toe next to your left, hold

REPEAT
