

# Megajam

**COPPER KNOB**  
BY STEPHEN

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Tanya Curry (USA)  
音樂: If You Want To Touch Her, Ask! - Shania Twain



When using "Get Ready 4 This" (off the Jock Jams CD), start after "Are you ready for this?"

## HEEL/TOE PIVOT SHUFFLE TURN

1-4      Touch right heel forward, touch right toe back, repeat  
5-6      Step right foot forward, pivot ½ turn to the left  
7&8      Shuffle ½ turn left as you step right-left-right

## HEEL/TOE PIVOT SHUFFLE TURN

1-4      Touch left heel forward, touch left toe back, repeat  
5-6      Step left foot forward, pivot ½ turn to the right  
7&8      Shuffle ½ turn right as you step left-right-left

## ROCK STEP/SAILOR

1-2      Step (rock) right to the side, transfer weight to left foot  
3&4      Sailor shuffle (step right behind left, step left to the side, cross right over left)  
5-6      Step (rock) left to the side, transfer weight to right foot  
7&8      Sailor shuffle (step left behind right, step right to the side, cross left over right)

## TOE TOUCHES TO THE SIDE

1      Touch right to the side  
&2      Step right foot to home position, touch left toe to the side  
&3      Step left foot to home position, touch right toe to the side  
&4      Touch right toe beside left foot, touch right toe to the side  
&5      Step right foot to home position, touch left toe to the side  
&6      Step left foot to home position, touch right toe to the side  
&7      Step right foot to home position, touch left toe to the side  
&8      Touch left toe beside right foot, touch left toe to the side

## BOX STEP/OUT-OUT-IN-IN

1-4      Cross left over right, step right back slightly, step left to the side, stomp right beside left  
&5      Step right foot out, step left foot out (feet apart)  
&6      Step right foot in, step left foot in (feet together)  
&7      Step right foot out, step left foot out (feet apart)  
&8      Clap hands together twice

## SWIVETS/HEEL STAND

1&      With weight on heel of right foot and ball of left foot twist heels to the left, return ball of both feet facing forward  
2&      With weight on ball of right foot and heel of left foot twist heels to the right, return ball of both feet facing forward  
3&      With weight on heel of right foot and ball of left foot twist heels to the left, return ball of both feet facing forward  
4&      With weight on heel of right foot and ball of left foot twist heels to the left, return ball of both feet facing forward  
5&      With weight on heel of left foot and ball of right foot twist heels to the right, return ball of both feet facing forward

- 6& With weight on heel of right foot and ball of left foot twist heels to the left, return ball of both feet facing forward
- 7& With weight on heel of left foot and ball of right foot twist heels to the right, return ball of both feet facing forward
- 8& With weight on heel of left foot and ball of right foot twist heel to the right, return ball of both feet facing forward

#### **VINE RIGHT/ROLLING VINE LEFT**

- 1-4 Turn  $\frac{1}{4}$  to the left as you step right to the side, step left behind right, step right to the side, stomp left beside right
- 5-6-7&8 Turn  $\frac{1}{4}$  to the left as you step left to the side, turn  $\frac{1}{4}$  to the left as you step right, turn  $\frac{1}{2}$  to the left as you step left beside right, jump slightly to the side twice (small jump)

#### **KANO HANDWORK**

- 1 Step right foot to the side as you start the Kano. Raise both arms up with elbow bent and palms turned in
- 2 Lower right arm with elbow bent and palm turned in (left arm remains in position)
- 3 Raise right arm with elbow bent and palm turned in (left arm remains in position)
- 4 Bring hands together (like you're praying)
- 5 With heel of hand together twist right hand so fingers face the floor
- 6 Raise both arms up with elbows bent and palms turned in
- 7 Lower both arms with elbows bent and palms turned in
- 8 Raise right arm with elbow bent and palm turned in (left arm remains in position)

#### **REPEAT**

When dancing this dance to "Get Ready 4 This" by 2 Unlimited, you will need to pause slightly after the 2nd pattern of the dance when the vocalist says "Get ready for this". Then begin dancing again.

#### **ADVANCED DANCERS**

On counts 7&8 and 15&16 of the "HEEL/TOE PIVOT SHUFFLE TURN" segments, you may execute a  $2\frac{1}{2}$  turn instead of a  $\frac{1}{2}$  turn. Just keep your feet together and spin instead of actually doing a shuffle turn. Works great if you have a smooth floor and suede or smooth leather soles on your boots.

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