

Meaty Guy

COPPER KNOB
STEPPERS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Judy McDonald (CAN)
音樂: Meat and Potato Man - Brice Long



RIGHT ROCK FORWARD, LEFT STEP, RIGHT ROCK BACK, LEFT STEP

1-4 Step right forward, step left in place, step right back, step left in place

RIGHT SHUFFLE FORWARD, LEFT ROCK FORWARD, RIGHT STEP

5&6-7-8 Step right forward, step left beside right, step right forward, step left forward, step right in place

VAUDEVILLE STEPS

&1&2&3&4 Step left beside right, step right across in front of left, step left to side, touch right heel forward, step right beside left, step left across in front of right, step right to side, touch left heel forward

REPEAT ABOVE 4 COUNTS PLUS STEP LEFT

&5&6&7&8& Step left beside right, step right across in front of left, step left to side, touch right heel forward, step right beside left, step left across in front of right, step right to side, touch left heel forward, step left beside right

RIGHT HEEL GRINDS TWICE

1-4 Step right heel across in front of left with toe facing left, twist toe to right while stepping left to side step right heel across in front of left with toe facing left, twist toe to right while stepping left to side

RIGHT HEEL GRIND ¼ TURN, LEFT COASTER

5-8 Step right heel across in front of left with toe facing left, twist toe to right while making ¼ turn right and step left back, step right beside left, step left forward

RIGHT STEP, LEFT BRUSH, LEFT CROSS, RIGHT STEP BACK

1-4 Step right forward, brush left forward, step left across in front of right, step right back

LEFT STEP, RIGHT BRUSH, RIGHT CROSS, LEFT STEP BACK

5-8 Step left to side, brush right forward, step right across in front of right, step left back

RIGHT SIDE SHUFFLE, LEFT ROCK BACK, RIGHT STEP

1&2-3-4 Step right to side, step left beside right, step right to side, step left back, step right in place

LEFT KICK BALL CHANGE, LEFT SHUFFLE FORWARD

&5&6-7&8 Kick left forward, step left back, step right in place, step left forward, step right beside left, step left forward

RIGHT CROSS, LEFT STEP BACK, RIGHT CROSS, LEFT STEP BACK, RIGHT HEEL, RIGHT STEP BACK, LEFT CROSS

1&2&3&4 Step right across in front of left and back, step left back, step right across in front of left and back, step left back, touch right heel forward, step right back, step left across in front of right and back

RIGHT STEP BACK, LEFT HEEL, LEFT STEP TOGETHER, RIGHT KICK BALL CHANGE

&5&6&7 Step right back, touch left heel forward, step left beside right, kick right forward, step right back, step left in place

RIGHT SHUFFLE ROCK FORWARD, LEFT STEP, RIGHT ROCK BACK, LEFT STEP

8&1-2-3-4 Step right forward, step left beside right, step right forward, step left in place, step right back, step left in place

RIGHT STEP FORWARD, PIVOT ½ LEFT STEP, RIGHT STEP FORWARD, PIVOT ¼ LEFT STEP

5-8 Step right forward, pivot ½ turn and step left forward, step right forward, pivot ¼ turn and step left to side

HIP BUMPS RIGHT TWICE, LEFT TWICE (THESE NEXT 8 COUNTS ARE THE TRADITIONAL TUSH PUSH STEPS)

1-4 Bump hips right two times, bump hips left two times

CIRCLE HIPS TO THE LEFT TWICE

5-8 Circle hips around to the left two times, ending with weight on left foot

REPEAT

TAG 1

After you do the dance twice, repeat last 8 counts and then the first 4 counts of the last 8 (12 counts altogether)

TAG 2

Do the dance two more times, then repeat the last 8 counts once
