

Meat'n'taters

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Gloria Johnson (USA)
音樂: Meat and Potato Man - Brice Long



FORWARD SHUFFLE, ½ TURN, BACKWARD SHUFFLE, ROCK-STEP, ¼ TURN

1&2 Step right forward; step left together; step right forward
& Turn ½ right on right foot
3&4 Step left back; step right together; step left back
5-6 Rock-step right back; rock forward onto left
7-8 Step right forward; pivot ¼ turn left onto left foot

SYNCOPATED TOE AND HEEL TOUCHES

9-10 Touch right heel forward; hold
& Step on right
11-12 Touch left toe back; hold
& Step on left
13&14 Touch right heel forward; step on right; touch left toe back
&15-16 Step on left; touch right heel forward; hold

RIGHT SIDE SHUFFLE WITH ¼ TURN LEFT, ROCK-STEP, ½ PIVOT TURN, KICK-BALL-TOUCH

17&18 Step right to right side; step left together; turning ¼ left, step on right
19-20 Rock-step left back; rock forward onto right
21-22 Step left forward; pivot ½ turn right onto right foot
23&24 Kick left forward; step on left; point right toe to right side

BACK ROCK, FORWARD ROCK, ¾ PIVOT TURN, HOLD FOR 2

25-26 Rock-step right back; rock forward onto left
27-28 Rock-step right forward; rock back onto left
29-30 Touch right toe behind left heel; pivot ¾ turn right onto left foot
31-32 Hold for 2 counts

REPEAT
