

# Meat & Potatoes

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: David Cheshire (AUS)  
音樂: Meat and Potato Man - Alan Jackson



## FORWARD SHUFFLES, PIVOT, SHUFFLES BACK

1&2      Shuffle forward left-right-left  
3&4      Shuffle forward right-left-right  
&      Pivot ½ turn right on ball of right foot  
5&6      Shuffle backward left-right-left  
7&8      Shuffle backward right-left-right

## ROCK STEPS, BRUSH, STEP-BRUSHES FORWARD

1-2      Step back on left foot, rock forward on right foot  
3-4      Step forward on left foot, brush right foot forward  
5-6      Step forward on right foot, brush left foot forward  
7-8      Step forward on left foot, brush right foot forward

## VINE RIGHT, ¼ TURN, VINE LEFT, TOUCH

1-2      Step right to right, step left behind right  
3      Step right to right turning ¼ right  
4      Touch left next to right  
5-6      Step left to left, step right behind left  
7-8      Step left to left, touch right next to left

## VINE RIGHT, HOLD, SCUFF

1-4      Step right to right, hold, step left behind right & hold  
5-6      Step right to right, cross left in front of right  
7-8      Step right to right, scuff left forward

**REPEAT**

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