

Meat & Potato Man

COPPER **NOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Norman Gifford (USA)
音樂: Meat and Potato Man - Brice Long



RIGHT OBLIQUE LOCK-STEP, BRUSH FORWARD, LEFT OBLIQUE LOCK-STEP, BRUSH FORWARD

1-4 Right step oblique, left lock behind right foot, right step oblique, left brush
5-8 Left step oblique, right lock behind left foot, left step oblique, right brush

CROSSOVER, STEP BACK INTO ¼ TURN RIGHT, CHASSÉ RIGHT, CROSSOVER, REPLACE, TURN ¼ LEFT WITH SHUFFLE STEP FORWARD

1-2 Right crossover, left replace back turning ¼ right
3&4 Chassé right (right-left-right)
5-6 Left crossover, right replace turning ¼ left
7&8 Shuffle steps forward (left-right-left)

ROCK STEP FORWARD, REPLACE BACK, LONG STEP BACK WITH SLOW DRAW TOGETHER, ¼ LEFT TURNING SAILOR STEP, STEP FORWARD, HOLD

1-2 Right rock-step forward, left recover back on left
3-4 Right long step back, draw left foot slowly together without weight
5-8 Left sweep back turning ¼ left, right together, left step forward, hold

GRAPEVINE RIGHT, TOUCH TOGETHER, LONG STEP SIDE WITH SLOW DRAW TOGETHER, STEP BACK, REPLACE FORWARD, BRUSH FORWARD

1-4 Right step side, left behind, right step side, left touch together
5-6 Left long step side, right draw slowly together
&7-8 Right step slightly back, left replace forward, right brush forward

REPEAT
