

# Meat & Potato Man

**COPPER KNOB**  
STEPPEDETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Norman Gifford (USA)  
音樂: Meat and Potato Man - Brice Long



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## RIGHT OBLIQUE LOCK-STEP, BRUSH FORWARD, LEFT OBLIQUE LOCK-STEP, BRUSH FORWARD

1-4      Right step oblique, left lock behind right foot, right step oblique, left brush  
5-8      Left step oblique, right lock behind left foot, left step oblique, right brush

## CROSSOVER, STEP BACK INTO ¼ TURN RIGHT, CHASSÉ RIGHT, CROSSOVER, REPLACE, TURN ¼ LEFT WITH SHUFFLE STEP FORWARD

1-2      Right crossover, left replace back turning ¼ right  
3&4      Chassé right (right-left-right)  
5-6      Left crossover, right replace turning ¼ left  
7&8      Shuffle steps forward (left-right-left)

## ROCK STEP FORWARD, REPLACE BACK, LONG STEP BACK WITH SLOW DRAW TOGETHER, ¼ LEFT TURNING SAILOR STEP, STEP FORWARD, HOLD

1-2      Right rock-step forward, left recover back on left  
3-4      Right long step back, draw left foot slowly together without weight  
5-8      Left sweep back turning ¼ left, right together, left step forward, hold

## GRAPEVINE RIGHT, TOUCH TOGETHER, LONG STEP SIDE WITH SLOW DRAW TOGETHER, STEP BACK, REPLACE FORWARD, BRUSH FORWARD

1-4      Right step side, left behind, right step side, left touch together  
5-6      Left long step side, right draw slowly together  
&7-8      Right step slightly back, left replace forward, right brush forward

**REPEAT**

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