

# Me Ma's Sham Rock

COPPERKNOB  
STEPSHEETS

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Matthew Atkins (UK)  
音樂: Tell Me Ma - Sham Rock



- 1&2      Point right to right side, hitch right in front of left, cross right over left  
3&4      Step left back, step right beside left, step left forward  
5-6      Rock right to right side, recover onto left  
7&8      Step right to right side, step left beside right, step right to right
- 1-2      Rock left in front of right, recover on right  
3&4      Triple a full reverse turn over left shoulder on a left, right, left  
5&6      Put right heel forward, step right foot together, put left heel forward  
&7-8      Step left foot together, put right heel forward, clap
- 1-2      Step onto left, pivot half a turn right  
3&4      Left shuffle  
5-6      Rock forward onto right, recover on left  
7&8      Triple a three quarter turn right on a right, left, right
- 1-2      Rock left forward, back on right  
3&4      Coaster step left  
5-6      Point right to right, place it beside left  
7-8      Pivot half turn pointing left, bring in place
- 1      Rock diagonally forward to left on right foot  
&      Step left foot in place  
2      Rock diagonally back to right on right foot, kicking left foot forward  
&      Step left foot in place  
3      Rock diagonally forward to left on right foot  
&      Step left foot in place  
4      Rock diagonally back to right on right foot, kicking left foot forward  
&      Step left foot in place  
5      Rock diagonally forward to left on right foot  
&      Step left foot in place  
6      Rock diagonally back to right on right foot, kicking left foot forward  
&      Step left foot in place rock diagonally forward to left on right foot  
7      Step left foot in place  
&      Rock diagonally back to right on right foot, kicking left foot forward  
8      Step left foot in place
- 1-2      Rock right to right, recover on left  
3&4      Sailor step half turn  
5&6      Forward mambo right  
7&8      Back mambo left
- 1-2      Step right to right, hold  
&3-4      Ball change, hold  
&5-6      Ball change, hold  
7&8      Left sailor step with quarter turn left

1-8

Full turn, mambo step forward, two walks back, coaster step

**REPEAT**

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