Me Against The Music

拍數: 32	牆數: 4	級數: Intermediate

編舞者: Kiley Evans (UK) & Geri Morrison (UK)

音樂: Me Against the Music (feat. Madonna) - Britney Spears

CAMEL WALKS, STEP POINT, BEHIND SIDE CROSS

1	Step forward on left at same time drag right toes up past left, bending right knee
2	Step forward right at same time drag left toe past right, bending left knee
3-4	Repeat 1-2

Option: just walk forward funky

5-6	Step forward on left, point right toe to right side
7&8	Step right behind left, step left to left side, cross right over left

STEP SWIVEL, BEHIND SIDE CROSS, PADDLE ½ TURN

1&2	Step left in place, swivel heals left then center (weight on right)
3&4	Cross left behind right, step right to right, cross left over right
5	Touch right to right side turning an 1/8 left
6-8	Repeat count 5 three more times (completing ½ a turn left)

DIAGONAL SYNCOPATED LOCK STEPS, BRUSH, HITCH POINT ¼ TURN POINT, SAILOR STEP

1&2&	Step right diagonally forward, lock left behind right, step right diagonally forward, step left diagonally forward
3&4	Lock right behind left, step left diagonally forward, brush right forward
&5&6	Hitch right knee, point right to right side, hitch right knee, turn ¼ left, point right to right side
7&8	Cross right behind left, step left to left, step right to right

CROSS STEP CROSS, BIG STEP, ROCK BACK, SPLIT HEALS, BEND KNEES

1&2	Cross left over right, step right to right side, cross left over right
3-4	Long step right to right side, slide left up to right
5&6	Rock back on left, recover weight on right, step left next to right
&7&8	Split heels apart, bring them together, bend knees apart, bring together

Option: 2 heel splits

REPEAT