

Me 'n' You (P)

COPPER **NOB**
BY STEPHEN HETS

拍數: 44 牆數: 0 級數: Partner
編舞者: Linda Chester (UK) & Colin Chester (UK)
音樂: I've Got The Love (Of A Good Woman) - Dave Sheriff



Position: Indian Position, Man Behind The Lady, Hands Joined Over Lady's Shoulders, Facing LOD
Same footwork unless noted

LEFT GRAPEVINE, RIGHT GRAPEVINE (LADY'S ROLLING VINE RIGHT INTO SWEETHEART)

1-2 Step left foot to left side, step right foot behind left foot
3-4 Step left foot to left side, touch right foot beside left foot
5-6 Step right foot to right side, step left foot behind right foot
7-8 Step right foot to right side, touch left foot beside right foot

Raise both arms above lady's head as she turns a full turn to the right, loosen and change the hand hold bringing both arms down into Sweetheart Position with lady on mans right. Both facing LOD

LEFT & RIGHT SHUFFLES IN PLACE, REPEAT (LADY SHUFFLES AROUND THE MAN)

9&10 Left shuffle in place
11&12 Right shuffle in place
13&14 Left shuffle in place
15&16 Right shuffle in place

Keeping hold of both hands and raising right followed by left, lady shuffles to her left across the front of the man, passing left shoulder to left shoulder, continuing around the back to finish on the right side facing LOD with both arms crossed in front, left over right

LEFT SHUFFLE FORWARD, ROCK STEPS, RIGHT SHUFFLE FORWARD

17&18 Left shuffle forward
19-20 Step/rock forward on right foot, rock back onto left foot
21-22 Step/rock back on right foot, rock forward onto left foot
23&24 Right shuffle forward

ROCK STEPS

25-26 Step/rock forward on left foot, rock back onto right foot
27-28 Step/rock back on left foot, rock forward onto right foot

LEFT SHUFFLE FORWARD, STEP ½ TURN LEFT, RIGHT SHUFFLE FORWARD, STEP TURN RIGHT

29&30 Left shuffle forward
31-32 Step forward on right foot, pivot a ½ turn to the left

Release right hands, raise left over mans head then lower to waist height. Do not rejoin right hands

33&34 Right shuffle forward
35-36 Step forward on left foot, pivot a ½ turn to the right

Raise left arms over mans head. Rejoin right hands into sweetheart position

LEFT SHUFFLE FORWARD, STEP, BRUSH, CROSS, BRUSH, SIDE, TOGETHER

37&38 Left shuffle forward
39-40 Step forward on right foot, brush left foot forward
41-42 Brush left foot across front of right foot, brush left foot forward
43-44 Step left foot to the left side, step right foot beside left

Man takes small steps. Lady moves in front of the man hands will be held over the shoulders into start position

REPEAT

