Me 'n' U (P)

拍數: 54

級數: Partner

編舞者: Moses Bourassa Jr. (USA)

音樂: That Ol' Wind - Garth Brooks

Position: Right Side by Side Promenade Position. Lady's left hand is in the man's right hand.

- 1 MAN: Step right to the right side
 - LADY: Step to the left with left in front of man making full turn to the left under his raised right arm
- 2 MAN: Bring left next to right
- LADY: Step right continuing a turn to the left
- 3&4 MAN: In place, step right, left, touch right
 - LADY: Step left, right, left completing a turn to the left

FORWARD SWAY MOVEMENTS

Now the couple is a sweetheart wrap

- Sway right hips forward while stepping forward with right 5
- 6 Sway left hips forward while stepping forward with left
- 7 Repeat step 5
- 8 Repeat step 6

FORMING A CLOSE PARTNER POSITION

Man will step back in small steps. Man will let lady's left go while lady makes a ½ turn to the right. After move is complete will connect hands back

- MAN: Step back with right 9
- LADY: Step with left in making a ¹/₂ turn to the right
- 10 MAN: Step back with left
- LADY: Step with right still making 1/2 turn to the right
- 11&12 MAN: In place, step right, left, right
- LADY: Step left, right, left completing ¹/₂ turn to the right

Partners are in Closed Position. Man facing LOD while Lady will be RLOD

TOE/HEEL TOUCHES

- 13 MAN: Touch right heel forward
- LADY: Touch left toe back
- 14 MAN: Return right next to left
- LADY: Return left next to right
- 15 MAN: Touch left toe back
- LADY: Touch right heel forward
- 16 MAN: Touch left next to right LADY: Return right next to left

RIGHT SIDE BY SIDE SWEETHEART POSITION

Man will let go of lady's right hand. Lady will make a ½ turn to the right under the man's right arm. They will switch hands. Upon completion hands will be connected in the Side By Side Position

- 17 MAN: Step left to the left side
 - LADY: Step left starting a ¹/₂ turn to the right
- 18 MAN: Bring right next to left
 - LADY: Still making a ¹/₂ turn to the right step right





牆數: 0

19&20 MAN: In place, step left, right, touch left LADY: Completing turn to the right step left, right, touch left

STEP LOCK STEPS

Both are same steps

21-24Step left diagonally forward, step right behind left, step left, scuff right25-28Step right diagonally forward, step left behind right, step right, scuff left

FORWARD SHUFFLE STEPS WITH HALF TURNS

- 29&30 Step forward left, right. Left
- 31&32 Step forward right, left, right
- 33&34 Step forward left, right, left
- 35 Step right foot forward
- 36 Make a ¹/₂ to the left pivot turn on left
- 37 Step right foot forward
- 38 Make a ¹/₂ to the left pivot turn on left
- 39&40 In place step right, left, right

MAKING AROUND THE WORLD TURN

Couple will drop hands making this move and after move man will have lady's left hand in his right hand

41&42 **MAN:** In place, left, right, left

- LADY: Step in front of man and to left, step left, right, step 1/4 turn to the left
- 43&44 MAN: In place, right, left, right
- **LADY:** Bring right next to left, step left making a ¼ turn to the left, bring right next to left.
- 45&46 **MAN:** In place, left, right, left
 - LADY: Step left behind man, right, step 1/4 turn to the left with left
- 47&48 MAN: In place, right, left, right
 - LADY: Bring right next to left, step left making a 1/4 turn to the left, bring right next to left

PROMENADE SHUFFLE STEPS

- 49&50 Shuffle forward left, right, scuff left
- 51 Step forward left
- 52 Step forward right
- 53 Step left
- 54 MAN: Touch right
 - LADY: Step right

REPEAT