

MDM Cha Cha

拍數: 40 牆數: 2 級數: Intermediate
編舞者: Maggie Gallagher (UK)
音樂: Me and Maxine - Sammy Kershaw



Dedicated to Martin Ritchie and Dawn Sherlock

LEFT SAILOR, ROCK RIGHT, ROCK LEFT, SIDE, DRAG 2, 3 & CROSS

1&2 Step left behind right, step right to side, step left together
3-4 Rock to right side, rock to left side,
5-6-7 Large step right on right, drag left to touch together over two counts
&8 Step weight onto left, cross step right over left

LEFT GRAPEVINE ¼ LEFT, STEP, ¾ PIVOT, KICK-BALL-CROSS, STEP

9-10 Step left to side, step right behind left
11-12 Step left to side with ¼ turn left, step forward on right
13 Pivot ¾ turn left,
14&15 Kick right forward, step together on ball of right, cross step left over right
16 Step right to right side

LEFT SAILOR, STEP ½ PIVOT, WALK, WALK, RIGHT-LOCK-STEP

17&18 Step left behind right, step right to side, step left together
19-20 Step forward on right, pivot ½ turn left
21-22 Step forward right, step forward left
23&23 Small step forward on right, lock step left behind right, small step forward on right (on spot)

SIDE-ROCK, CROSS SHUFFLE, RHONDE ¼ TOUCH, RIGHT-LOCK-STEP

24-25 Rock left to side, recover weight onto right
26&27 Cross step left over right, small step to right on right, cross step left over right
28-29 Sweep right toe while making a ¼ turn left, touch right toe in front of left foot
31&32 Small step forward on right, lock step left behind right, small step forward on right

ROCK FORWARD, BACK, BACK, FORWARD, STEP ¼ PIVOT, CROSS, SIDE

33-34 Rock forward on left, recover weight back onto right
35-36 Rock back on left, recover weight forward onto right
37-38 Step forward on left, pivot ¼ turn right
39-40 Cross step left over right, step right to side

REPEAT