

Mc Touch

拍數: 32 牆數: 4 級數: Beginner
編舞者: Michel Cabana (CAN)
音樂: We Are Family - Sister Sledge



VINE RIGHT, TOUCH, TOUCH, TOUCH, HITCH

- 1-2 Step right to the right, cross left behind right
- 3-4 Step right to the right, touch left beside right
- 5-6 Touch left to the left side (swing both arms to the right as you click fingers), touch left across right (swing both arms to the left as you click fingers)
- 7-8 Touch left to the left side (swing both arms to the right as you click fingers), raise left knee in front of right knee (click fingers at chest level)

VINE LEFT, TOUCH, TOUCH, TOUCH, HITCH

- 1-2 Step left to the left, cross right behind left
- 3-4 Step left to the left, touch right beside left
- 5-6 Touch right to the right side (swing both arms to the left as you click fingers), touch right across left (swing both arms to the right as you click fingers)
- 7-8 Touch right to the right side (swing both arms to the left as you click fingers), raise right knee in front of left knee (click fingers at chest level)

STEP TOUCH, ¼ TOUCH, ¼ TOUCH, ¼ TOUCH

- 1-2 Step forward on the right (swing both arms behind back), touch left beside right (click fingers)
- 3-4 Step back on the left making ¼ turn right (swing both arms in front), touch right beside left (click fingers)
- 5-6 Making ¼ turn right, step forward on the right (swing both arms behind back), touch left beside right (click fingers)
- 7-8 Making ¼ turn left, step left to the side (swing both arms in front), touch right beside left (click fingers)

JAZZ BOX, MONTEREY TURN

- 1-2 Cross right across left, step back on the left
- 3-4 Step right to the side, step left beside right
- 5-6 Touch right to the side, pivot ½ turn as you step right beside left
- 7-8 Touch left to the side, step left beside right

REPEAT

Optional arm movements have been added in brackets.