

The M.B.C. Club Dance

COPPER KNOB
BY STEPHEN

拍數: 96 牆數: 2 級數: Advanced
編舞者: Ilona van der Wansem (NL)
音樂: Betty's Got A Bass Boat (Dance Mix) - Pam Tillis



You start the dance after 4 counts after the four bass-beats! (So start the dance after 8 counts)
Ilona won with this dance at the World Championships in Nashville 1998 the Best Choreographer title.
Holland thinks she did a great job so we hope that you will have fun with this dance.

KICK & CROSS - FUNKY STEP

- 1&2 Kick right out to the right side, & step with right a little bit to the right, cross your left over your right
- 3&4 Kick right out to the right side, & step with right a little bit to the right, cross your left over your right
- 5&6 Kick right out to the right side, & step with right a little bit to the right, cross your left over your right
- 7-8 Make an unwind turn ($\frac{1}{2}$) to the right, hold and clap (facing backwards)
- 9& Step forward with your right, & swivel both heels to the right
- 10& Swivel both heels back to center, & lift your right knee up
- 11-12 Step out to the right with your right, close left next to right together with clap
- 13-16 Repeat counts 9-10 with your left

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KICK & CHANGE, STEP, HOLD, CLAP

- 1-4 Kick forward with your right, & step backwards on your right, step forward with left, step forward with right, hold and clap
- 5-8 Kick forward with your left, & step backwards on your left, step forward with right, step forward with left, hold and clap

TOUCH, TOUCH, JUMP, JUMP

- 9 Touch right forward on the left diagonal
- 10 Touch right out to the right side
- 11 Switch your weight on to your right and touch your left out to the left side (jump)
- 12 Switch your weight on to your left and touch your right out to the right side (jump)

ROCK STEP, DRAG STEP, ROLLING KNEES, $\frac{1}{4}$ TURN

- 13-14 Rock forward on your right, replace left
- 15-16 Drag step to the right side, close left next to right

- 1-2 Roll right knee, roll left knee (in)
3-4 Step forward with your right, make $\frac{1}{4}$ to the left

SHUFFLE, ROCK STEP, SHUFFLE, ROCK STEP, SHUFFLE ROCK STEP

- 5-8 Shuffle forward with right, rock step left, replace right
9-12 Shuffle backwards with left together with $\frac{1}{2}$ to the left, rock step right, replace left (facing 9:00)
13-16 Shuffle backwards with right together with $\frac{1}{4}$ to the right, rock step left, replace right (facing forward)

STEP DIAGONAL, HIPS, STEP DIAGONAL HIPS, KICK & CHANGE, STEP, HOLD, CLAP

- 1-2 Step left on left diagonal (facing body 2:00), push left hip twice to the left
3-4 Step right on right diagonal (facing body 10:00), push right hip twice to the right
5-8 Kick forward with your left, & step backwards on your left, step forward with right, step forward with left, hold and clap
9-12 Kick forward with your right, & step backwards on your right, step forward with left, step forward with right, hold and clap

ROCK STEP, SHUFFLE $\frac{1}{2}$ TURN

- 13-14 Rock step with left, replace right
15-16 Shuffle backwards with left together with $\frac{1}{2}$ turn to the left (facing backwards)

DRAG STEP $\frac{1}{4}$ TURN, ROLLING KNEES, ROCK STEP FORWARD, ROCK STEP BACK, $\frac{1}{4}$ TURN $\frac{1}{4}$ TURN

- 1-2 Make a drag step with your right together with $\frac{1}{4}$ turn to the left, left close next to right (facing 3:00)
3-4 Roll right knee, roll left knee (in)
5-6 Step out to right side with right, left touch next to right together with a clap
7-8 Step out to left side with left, right touch next to left together with a clap
9-10 Rock step forward with right, replace left
11-12 Rock step backwards with right, replace left
13-14 Step forward with right, make $\frac{1}{2}$ turn to the left
15-16 Step forward with right, make $\frac{1}{2}$ turn to the left (facing 9:00)

REPEAT

As you start the dance again you face backwards so you have to make $\frac{1}{8}$ turn to the left as you start with the kick.
