

Maureen's Shu Bop

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Bob Bonett (USA)
音樂: Shu Bop (The Lost Track) - Dion



Choreographed for Maureen Manzo for her birthday

FORWARD TOE STRUTS, ROCK STEPS, FORWARD TOE STRUTS

1-2 Forward right toe, drop heel
3-4 Forward left toe, drop heel
5-6 Rock to right, recover on left
7-8 Forward right toe, drop heel

STEP HOLD ½ PIVOT HOLD, REPEAT

1-2 Step left forward, hold
3-4 Pivot ½ turn to right, hold
5-6 Step left forward, hold
7-8 Pivot ½ turn to right, hold

SIDE STRUT, CROSS STRUT, ROCK RECOVER, CROSS STRUT

1-2 Step left toe to side, drop heel
3-4 Cross right toe over left, drop heel
5-6 Rock to left, recover on right
7-8 Cross left toe over right, drop heel

STEP BACK RIGHT ¼ TURN, STEP SIDE LEFT ¼ TURN, HEEL STRUTS FORWARD

1-2 Step back on right toe turning ¼ turn to left, drop heel
3-4 Step side on left toe turning ¼ turn to left, drop heel
5-6 Step forward on right heel, drop toe
7-8 Step forward on left heel, drop toe

REPEAT
