

# Matador

拍數: 36      牆數: 4      級數:  
編舞者: Roy Rakeshaw  
音樂: The Matador - Sylvia



## Start with hands on hips

- 1-2      Right heel touch forward, right foot close to left  
3-4      Left heel touch forward, left heel close to right  
5-6      Right heel touch forward, right heel close to left  
7-8      Left heel touch forward, left foot close to right
- 9-10      Right heel touch forward, right foot stomp next to left  
11-12      Right toe touch backward, right foot stomp next to left  
13-14      Right heel touch forward, right toe touch to right side  
15-16      Right toe touch backward, right toe touch to right side
- 17-18      Right heel touch forward, right toe touch to right side  
19      Right leg bend at knee and right foot(toe pointing down) swings behind left leg- left hand slaps right heel

## Or just hook right foot behind left leg leaving hands on hips

- 20      Left foot pivot  $\frac{1}{4}$  left, right foot swings to right - right hand slaps right heel - left hand returns to left hip

## Or just pivot $\frac{1}{4}$ with right foot hooked behind left leg, hands on hips

- 21-22      Right foot step to right-right hand returns to hip, left foot step behind right  
23      Right foot step to right  
24      Hop on right foot-raise left leg bending knee until thigh is parallel to floor

## Or kick left foot forward - clap hands

- 25-26      Left foot step back, right foot step back  
27      Left foot step back  
28      Hop on left foot turning  $\frac{1}{4}$  left- raise right leg bending knee until thigh is parallel to floor

## Or kick right foot forward - clap

- 29-30      Right foot step to right, left foot step behind right  
31      Right foot step to right  
32      Hop on right foot turning  $\frac{1}{2}$  right, raise left leg bending knee until thigh is parallel to floor

## Or kick left foot forward-clap

- 33-34      Left foot step to left, right foot step behind left  
35-36      Left foot step left turning  $\frac{1}{4}$  left, right foot stomp next to left

**REPEAT**