

Massive Maria

拍數: 32 牆數: 2 級數: Improver
編舞者: Joan O'Gorman (IRE)
音樂: My Maria - Brooks & Dunn



TOE-HEEL STRUTS, KICK, KICK, STEP, STEP

- 1 Step forward on right toe
- 2 Step down on right heel
- 3 Step forward on left toe
- 4 Step down on left heel
- 5 Kick right foot forward
- 6 Kick right foot forward
- 7 Step in place right
- 8 Step in place left

CHA-CHA, STEP, PIVOT ½, CHA-CHA, STEP, ¼ TURN

- 9&10 Cha-cha forward left, right, left
- 11 Step forward on left toe
- 12 Pivot ½ turn right, change weight to right
- 13&14 Cha-cha forward left, right, left
- 15 Step forward on right toe
- 16 Pivot ¼ turn left, change weight to left

STEP, PIVOT ½, CHA-CHA, STEP, PIVOT ½ CHA-CHA

- 17 Step forward on right toe
- 18 Pivot ½ turn left, change weight to left
- 19&20 Cha-cha forward right, left, right
- 21 Step forward on left toe
- 22 Pivot ½ turn right, change weight to right
- 23&24 Cha-cha forward left, right, left

CROSSED TOE-HEEL STRUTS, SIDE, ¼ TURN, STEP, STEP

- 25 Cross right over left, stepping on right toe
- 26 Step down on right heel
- 27 With feet still crossed, step on left toe
- 28 Step down on left heel
- 29 Step right to right side and slightly back
- 30 Cross left over right while pivoting ¼ turn right (keeping weight on left)
- 31 Step in place right
- 32 Step in place left

REPEAT
