

Mas O Manos

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Rob Fowler (ES)
音樂: Somethin' Stupid - Robbie Williams & Nicole Kidman



WALK FORWARD, HALF TURN, SAILOR STEP, SIDE CHASSE

1-2 Walk forward right left
3 Pivot ½ right on the balls of both feet
4&5 Sweep right foot into sailor step, crossing right behind left, step left to side, step right forward
6-7 Cross/rock left over right, recover to right
8&1 Step left to side, bring right to left, step left to side. (left side chasse)

ROCK STEP, SIDE CHASSE, LEFT MAMBO, RIGHT MAMBO WITH ¼ TURN

2-3 Cross/rock right over left, recover to left
4&5 Step right to side, bring left to right, step right to side. (right side chasse)
6&7 Cross/rock left over right, recover weight to right, step left to side
8&1 Cross/rock right over left, recover weight to left, as you step onto right make a ¼ turn right

HALF TURN RIGHT, LEFT SHUFFLE, QUARTER TURN LEFT, CROSS HALF TURN

2-3 Step forward on left make ½ turn right
4&5 Step left forward, close right to left (third position) step forward on left
6-7 Step right forward, make a ¼ turn left
8&1 Cross right over left, making ¼ turn right step slightly back on left continuing turn, step right to side completing ½ turn right

HOLD, LEFT SIDE HOLD, HIP BUMPS, QUARTER TURN LEFT

2 With weight on right hold
3-4 Transfer weight to left hold for one count
5-6 Bump hips right then left
7 Bump hips right
8 Make a ¼ turn left on left foot

REPEAT
