

# Mary-Lou

**COPPER** KNOB  
BY STEPHEN

拍數: 32      牆數: 4      級數: Improver  
編舞者: Chris Hodgson (UK)  
音樂: Hello Mary Lou - Brødrene Olsen



## 2 X TOE STRUTS, SIDE-ROCK-CROSS, SIDE-BEHIND, CHASSE ½ TURN

1&      Step right toe forward, drop right heel to floor  
2&      Step left toe forward, drop left heel to floor  
3&4      Step right to right side, rock weight onto left, cross step right over left  
5-6      Step left to left side, cross right behind left  
7&8      Chasse left stepping on left-right-left making ½ turn left

## & HEEL & STEP, TRIPLE ½ TURN RIGHT, WALK BACK TWICE, MAMBO STEP

&1      Step back on right, touch left heel forward  
&2      Step left next to right, step forward on right  
3&4      Triple ½ turn right stepping on left-right-left  
5-6      Step back on right, step back on left  
7&8      Step back on right, rock weight forward onto left, step right next to left

## LOCK STEP, STEP-¼-CROSS, ROCK STEPS, SIDE-ROCK-CROSS

1&2      Step forward on left, lock left behind right, step forward on left  
3&4      Step forward on right, ¼ turn left on balls of both feet, cross step right over left  
5&      Step forward on left, rock weight back onto right (slight angle to left on rock steps)  
6&      Step back on left, rock weight forward onto right  
7&8      Step left to left side, rock weight onto right, cross step left over right

## ROCK STEPS, SIDE-ROCK-CROSS, KICK-BALL-CROSS, SIDE-TOGETHER-FORWARD

1&      Step forward on right, rock weight back onto left (slight angle to right on rock steps)  
2&      Step back on right, rock weight forward onto left  
3&4      Step right to right side, rock weight onto left, cross step right over left  
5&6      Kick left forward, step in place on left, cross step right over left  
7&8      Step left to left side, step right next to left, step forward on left

## REPEAT

## ENDING

On wall 7 (last wall) replace Mambo Step (counts 15&16) with a triple half turn Right to finish facing home wall