

Mars Attack

拍數: 64 牆數: 4 級數: Improver
編舞者: Rachael McEnaney (USA)
音樂: Chocolate (Choco Choco) - Soul Control



RIGHT CROSS ROCK, RIGHT CHASSE, LEFT CROSS, RIGHT SIDE, LEFT BEHIND, RIGHT SIDE

1-2 Cross/rock right over left, recover onto left
3&4 Step right to side, step left together, step right to side
5-6 Cross left over right, step right to side
7-8 Cross left behind right, step right to side

LEFT CROSS ROCK, LEFT CHASSE, RIGHT CROSS, LEFT SIDE, RIGHT BEHIND, LEFT SIDE WITH TURN ¼ LEFT

1-2 Cross/rock left over right, recover onto right
3&4 Step left to side, step right together, step left to side
5-6 Cross right over left, step left to side
7-8 Cross right behind left, turn ¼ left and step left forward

ROCKING CHAIR STEP, STEP RIGHT, ½, STEP RIGHT, ½

1-2 Rock right forward, recover onto left
3-4 Rock right back, recover onto left
5-6 Step right forward, turn ½ left (weight to left)
7-8 Step right forward, turn ½ left (weight to left)

2 X HEEL TAPS FORWARD, 2 TOE TAPS BACK, STEP RIGHT, ¼ PIVOT, RIGHT STOMP, CLAP

1-2 Touch right heel forward, touch right heel forward
3-4 Touch right toe back, touch right toe back
5-6 Step right forward, turn ¼ left (weight to left)
7-8 Stomp right together, clap

DIAGONAL SHIMMY FORWARD TWICE WITH THIGH SLAPS AND CLAPS

1-2 Step right diagonally forward, hold
On counts 1-2, shimmy shoulders
3-4 Touch left toe together, hold
On counts 3-4, both hands slap thighs back, slap both hands forward on thighs (like wiping dust off trousers)
5-6 Step left diagonally forward, hold
On counts 5-6, shimmy shoulder
7&8 Touch right toe together, clap, clap

RIGHT CROSS ROCK, RIGHT CHASSE, LEFT CROSS ROCK, TURN ½ LEFT DOING LEFT CHASSE

1-2 Cross/rock right over left, recover onto left
3&4 Step right to side, step left together, step right to side
5-6 Cross/rock left over right, recover onto right
7&8 Chassé side turning ½ left and step left, right, left

RIGHT SIDE, LEFT CROSS, RIGHT SIDE, KICK LEFT, LEFT SIDE, RIGHT CROSS, LEFT SIDE, KICK RIGHT

Body angled towards right diagonal

1-2 Step right to side, cross left over right

Angle body towards left diagonal

3-4 Step right to side, kick left diagonally forward

Body angled towards left diagonal

5-6 Step left to side, cross right over left

Angle body towards right diagonal

7-8 Step left to side, kick right diagonally forward

RIGHT BACK ROCK, RIGHT CHASSE, LEFT JAZZ BOX WITH TURN ¼ LEFT, BRUSH

1-2 Rock right back, recover onto left

3&4 Step right to side, step left together, step right to side

5-6 Cross left over right, step right back

7-8 Turn ¼ left and step left forward, brush right forward

REPEAT

TAG

After count 32 on wall 5

1-8 Stomp right forward, hold, stomp left forward, hold, stomp right forward, stomp left forward,
stomp right forward, stomp left forward

Then continue dance from shimmies
