

Maritime Mambo

拍數: 32 牆數: 0 級數:
編舞者: Cindi Talbot (CAN) & Bev Cornish (CAN)
音樂: Icecream - Lou Bega



SIDE MAMBO'S TRAVELING FORWARD - RIGHT, LEFT,

- 1 Rock side right
- & Step left in place
- 2 Step right in front of left
- 3 Rock side left
- & Step right in place
- 4 Step left in front of right

Join hands with the two people across from you, palms facing forward and fingers on a slight diagonal. Join right hand to right hand, left hand to left hand. (Close your hands. Your thumbs will be linked.) This adds resistance during the rock steps and helps to pull you through the other line. But more important, it makes it fun.

ROCK STEP, ROCK STEP

Remember to smile at your friends in the other line

- 5 Rock right forward
- 6 Step left in place
- 7 Rock right back
- 8 Step left in place (drop hands)

SHUFFLE RIGHT FORWARD, PIVOT ¼ RIGHT (LINES WILL CROSS)

- 9 Step right forward
- & Step left beside right
- 10 Step right forward
- 11 Step left forward
- 12 Pivot ¼ right

CHUG FORWARD, CLAP HANDS, CHUG BACK, DOUBLE CLAP

- & Step left forward
- 13 Step right beside left
- 14 Clap hands
- & Step left back
- 15 Step right back (slightly past the left-this makes it easier to begin the cross over steps)
- & Clap hands
- 16 Clap hands

Lines will cross during the cross over steps

(FACING DIAGONALLY RIGHT) CROSS OVER STEPS TRAVELING SIDE RIGHT, FLICK KICK RIGHT

- 17 Step left over right
- & Step side right
- 18 Step left over right
- & Step side right
- 19 Step left over right
- 20 Flick kick right back & out to side (look over right shoulder towards right heel as you kick)

The kick helps turns you to face diagonally left

(FACING DIAGONALLY LEFT) CROSS OVER STEPS TRAVELING SIDE LEFT, FLICK KICK LEFT

- 21 Step right over left

- & Step side left
- 22 Step right over left
- & Step side left
- 23 Step right over left
- 24 Flick kick left back & out to side (look over left shoulder as you kick)

ROCK STEP, PADDLE TURN $\frac{3}{4}$ LEFT

- 25 Rock left forward
- 26 Step right in place
- 27 Step left $\frac{1}{2}$ left
- & Step right beside left
- 28 Step left $\frac{1}{4}$ left (you are now facing the opposing line)

SIDE TOE SWITCHES, KICK RIGHT BEHIND LEFT KNEE

- 29 Touch right toe side
- & Step right beside left
- 30 Touch left toe side
- & Step left beside right
- 31 Touch right toe side
- 32 Kick right foot back behind left knee (look to left side - towards right foot)

REPEAT
